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# On quantitative hypocoercivity estimates based on Harris-type theorems 

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#### Abstract

This Review concerns recent results on the quantitative study of convergence toward the stationary state for spatially inhomogeneous kinetic equations. We focus on analytical results obtained by means of certain probabilistic techniques from the ergodic theory of Markov processes. These techniques are sometimes referred to as Harris-type theorems. They provide constructive proofs for convergence results in the $L^{1}$ (or total variation) setting for a large class of initial data. The convergence rates can be made explicit (for both geometric and sub-geometric rates) by tracking the constants appearing in the hypotheses. Harris-type theorems are particularly well-adapted for equations exhibiting non-explicit and non-equilibrium steady states since they do not require prior information on the existence of stationary states. This allows for significant improvements of some already-existing results by relaxing assumptions and providing explicit convergence rates. We aim to present Harris-type theorems, providing a guideline on how to apply these techniques to kinetic equations at hand. We discuss recent quantitative results obtained for kinetic equations in gas theory and mathematical biology, giving some perspectives on potential extensions to nonlinear equations.


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## I. INTRODUCTION

We are interested in the long-time behavior of kinetic equations that can be written as

$$
\begin{align*}
\partial_{t} f(t, z)+\mathcal{T}[f](t, z) & =\mathcal{C}[f](t, z), & & z \in \Omega \times \mathcal{V}, t>0, \\
f(0, z) & =f_{0}(z), & & z \in \Omega \times \mathcal{V}, \tag{1.1}
\end{align*}
$$

where $f(t, z) \geq 0$ is the probability density function of particles (or, depending on the context, gas molecules, bacteria cells, neurons, etc.) at time $t \geq 0$ in the phase space, i.e., $z:=(x, v) \in \Omega \times \mathcal{V}$. In general, $x$ and $v$ represent the position and the velocity variables, respectively [except for the FiztHugh-Nagumo equation (see Sec. III B 2)].

The operator $\mathcal{T}$ stands for the transport part, and it is either $\mathcal{T}[f]=v \cdot \nabla_{x} f$ describing the free transport or it takes the form $\mathcal{T}[f]$ $=v \cdot \nabla_{x} f-\nabla_{x} \Phi(x) \cdot \nabla_{v} f\left(\nabla_{x} \cdot\right.$ and $\nabla_{v} \cdot$ are the divergence operators in space and velocity variables, respectively) in the presence of a confining potential $\Phi$. In the latter case, an external force is exerted on the particles via the operator $-\nabla_{x} \Phi(x) \cdot \nabla_{v}$.

The operator $\mathcal{C}$ describes collisions (or interactions) between particles (or in some cases tumbling or firing process) and acts only on the velocity variable $v$. The definition of $\mathcal{C}$ specifies the kinetic equation we are interested in.

The study of the long-time behavior of kinetic equations involves proving that the solutions of (1.1) converge toward the global equilibrium state as $t \rightarrow+\infty$ and estimating the rate of convergence. Both of these are well-known and important problems in kinetic theory [and, in general, for partial differential equations (PDEs)]. The typical dynamics governed by (1.1) is that the transport part drives the process away from local equilibria unless the system is already in global equilibrium. It is conservative, and it takes place only in the space variable $x$. On the other hand, the dissipation happens only on the velocity variable $v$ via the operator $\mathcal{C}$, and it drives the process toward local equilibrium.

Then, the transport term mixes the dissipation into the space $x$ and leads to convergence to the global equilibrium. One needs to find a way to quantify this mixing effect to study the long-time behavior of the equation. The theory of hypocoercivity was developed specifically to quantify the effect of the transport (non-dissipative) part on the dissipative part (see Refs. 1-3) for kinetic equations.

More precisely, hypocoercivity consists in finding a positive constant $C$ and a positive function $\beta(t)$ with $\beta(t) \rightarrow 0$ as $t \rightarrow+\infty$ such that

$$
\begin{equation*}
\left\|f(t, z)-f_{\infty}(z)\right\|_{*} \leq C \beta(t)\left\|f(0, z)-f_{\infty}(z)\right\|_{*} \tag{1.2}
\end{equation*}
$$

where $f$ solves (1.1) at time $t$ and $f_{\infty}$ is the stationary solution of (1.1) (it is a time independent solution of (1.1), i.e., it satisfies that $\left.0=\partial_{t} f_{\infty}=(\mathcal{C}-\mathcal{T})\left[f_{\infty}\right]\right)$. If $\beta(t)=e^{-\lambda t}$ for some $\lambda>0$, then the convergence rate is exponential (or geometric). In this case, if one can show that such an estimate holds for (1.1), then (1.1) is said to be hypocoercive in the distance $\|\cdot\|_{*}$. Moreover, depending on the form of $\beta(t)$, the convergence might be slower than exponential (sub-exponential or sub-geometric), e.g., in the case where $\beta(t)$ is an inverse power of a polynomial function.

In this Review, we consider kinetic equations whose dynamics are driven by continuous-time Markov processes and we are interested in showing an inequality such as (1.2) for these equations. Moreover, we are interested in quantifying $C$ and $\beta(t)$ in (1.2). In probability theory, the study of the long-time behavior of Markov processes is referred to as the ergodic theory of Markov processes. There are two classical approaches to obtaining quantitative ergodicity estimates for continuous-time Markov processes (see Ref. 4):
(i) Poincaré-type inequalities are based on obtaining integral bounds on the generator of the process.
(ii) Harris-type theorems are based on finding an appropriate Lyapunov function that satisfies an inequality on the generator of the process, and this inequality ensures the confinement of the process toward a small set.

In this Review, our focus is on the results using the second approach. Harris-type theorems originated in 1940 (cf. Ref. 5) in the study of irreducibility of Markov chains, and these are commonly used among probabilists since then. In the last couple of decades, these ideas have been revisited. There are several works providing quantitative versions of these theorems and alternative proofs using only PDE techniques, e.g., semigroup theory, rather than probabilistic arguments (see, e.g., Refs. 6-8). These alternative proofs provided a concise relation between the ergodic theory of Markov processes and spectral properties of operators defining these PDEs. In turn, these results became a subject of many recent works in the context of PDEs. Particularly, these are used in the study of the asymptotic behavior of some models in population dynamics (e.g., Refs. 9-14) and kinetic theory (e.g., Refs. 15-19) and extended to non-conservative cases, e.g., systems where the mass is not conserved (e.g., Refs. 9, 10, and 20).

Motivation and aim. This Review aims at collecting recent results, which provide quantitative hypocoercivity estimates for some wellknown kinetic equations in physics and biology using Harris-type arguments. These techniques have been used efficiently to show the existence of a stationary state and to obtain quantifiable convergence rates to the stationary state. Harris-type theorems have certain advantages over classical hypocoercivity techniques in some cases. We discuss some of them below.

- Non-explicit and non-equilibrium steady states. Classical hypocoercivity results often involve a step where one should prove a Poincaré-type inequality in weighted $L^{2} / H^{1}$ norms where the weight function is the inverse of the invariant measure of the process, i.e., the stationary solution of the equation. There are a large class of kinetic equations describing the gas dynamics for which the equilibrium state is given by a Gibbs-like distribution, i.e., it can be written explicitly. However, kinetic equations arising in mathematical biology (or in applied sciences, in general) typically have complex and non-explicit steady states. This creates some difficulties when trying to prove a Poincaré inequality. In Ref. 21, the authors provided a general methodology to obtain hypocoercivity results for linear kinetic equations preserving mass. The condition given in Ref. 21 for $f_{\infty}$ to be a steady state of a kinetic equation (1.1) is that $f_{\infty}$ should belong to the kernels of both the transport and collision operators, i.e., $f_{\infty} \in\{\operatorname{Ker}(\mathcal{T}) \cap \operatorname{Ker}(\mathcal{C})\}$. In Sec. III B 1 , we look at the run and tumble equation, which describes the movement of bacteria under the effect of a chemical stimulus. It is a masspreserving, linear kinetic equation. However, the stationary state of the run and tumble equation does not satisfy the condition given in Ref. 21; thus, it cannot be treated with the methods proposed there. Harris-type theorems do not require any information about the stationary state of the equation to be applied. These are well-adapted for situations where stationary solutions can be complex and non-explicit. They also provide the existence of a stationary solution and the convergence toward it simultaneously. Moreover, there are many physical systems in which external effects, such as boundary conditions, drive the system from an equilibrium state to a non-equilibrium state. The latter is not a Gibbs-like state and is often not explicit. In another example we consider in Sec. III A 3, Harris-type theorems are used efficiently to show the existence of a stationary state for a nonlinear Bhatnagar-Gross-Krook (BGK) equation, which exhibits non-equilibrium stationary states.
- Initial data and functional space. Concerning the class of initial data for a kinetic equation, the natural assumption to make in terms of physical relevance is that it should be a finite measure. However, most of the time more restrictive assumptions are made if we would like to use classical hypocoercivity techniques since the estimates we obtain are in the $L^{2} / H^{1}$ setting. For example, to study the linear kinetic Fokker-Planck equation, a usual assumption to make is $\int f^{2} / f_{\infty}<+\infty$. If we write the equation in terms of the variable $h:=f / f_{\infty}$, we can benefit from the fact that the collision term is self-adjoint in the space $L_{f_{\infty}}^{2}\left(L_{f_{\infty}}^{2}\right.$ stands for the weighted $L^{2}$ space with a weight $f_{\infty}$ ). This assumption restricts us to obtain convergence to equilibrium in $L^{1}$ spaces (see, e.g., Ref. 22 for a more detailed discussion and how to obtain convergence estimates in the $L^{1}$ setting for the linear kinetic Fokker-Planck equation with the classical techniques). On the other hand, Harris-type theorems are very suitable for obtaining convergence estimates in the $L^{1}$ (or total
variation) setting, and they do not require any type of assumption or restriction on the initial data. They are valid for a wider class of initial data, including Dirac measures with bad local regularities and initial data with slowly decaying tails. Moreover, we also mention that there are other techniques coming from analysis (see, e.g., Refs. 23-26 and references therein) and from probability (see, e.g., for coupling techniques ${ }^{27-30}$ ), providing estimates in the $L^{1}$ setting.
- Constructive proofs and quantifiable convergence rates. If we are interested in qualitative properties of solutions especially to compare if analytical results are physically relevant at least in a certain range of parameters, we look for explicit bounds on convergence rates. In this regard, Harris-type theorems have an advantage over non-quantitative techniques, such as the Krein-Rutman theorem. It is straightforward to obtain convergence rates quantitatively by tracking the constants appearing in the hypotheses of Harris-type theorems. The proofs are all constructive. However, in some cases, it involves computing complicated integrals. There are also works using Harris-type arguments in a non-quantitative manner for kinetic equations, e.g., Refs. 31 and 32. In some cases, it is possible to obtain quantitative convergence rates with other hypocoercivity techniques as well, but it is not forthright as in the case of Harris-type theorems.
- Kinetic models arising in applied sciences. Even though kinetic equations obtained as a mean-field limit of biological processes share a common form with kinetic models in gas theory, they differ drastically from them in terms of confinement mechanism and the nature of their steady states. We already mentioned that these models exhibit non-explicit and sometimes non-equilibrium steady states. As for the confinement mechanism, the confinement in these models is not induced through an external force field. It is a consequence of the internal dynamics, e.g., bias in the tumbling direction toward the chemoattractant for the run and tumble equation and the internally generated noise as input for the membrane potential for the FitzHugh-Nagumo equation (see Secs. III B 1 and III B 2 for more details). Due to these differences, sometimes classical hypocoercivity approaches, which are initially developed for treating kinetic models in gas dynamics, are not applicable for kinetic models in applied sciences or these approaches provide results under restrictive assumptions. However, Harris-type theorems are well suited to treat these models.

Lyapunov vs Poincaré. Finally, we would like to mention the work ${ }^{4}$ where the authors provided a link between the aforementioned two approaches: Poincaré-type inequalities and Harris-type theorems. The existence of a Lyapunov function is a sufficient (also necessary for exponential convergence) condition to be able to use Harris-type theorems. On the other hand, a general condition for obtaining Poincarétype inequalities is not known. The significance of Ref. 4 comes from the fact that the authors formed a bridge between these two approaches through some new inequalities called Lyapunov-Poincaré inequalities. They also improved some existing results by using those.

Organization of this Review. In Sec. II, we introduce some common concepts in measure theory and probability and introduce some notations. This is followed by statements of Harris-type theorems. We skip their proofs (which can be found in various references we list there) and rather focus on the intuitions behind the hypotheses and the results by discussing how to verify them for a given PDE. In Sec. III, we show how these theorems are applied to various kinetic models to obtain quantitative estimates. Section III is divided into two parts:

- Section III A is dedicated to some kinetic equations coming from the kinetic theory of gases. After an introduction of the Boltzmann equation, which is one of the fundamental equations in kinetic theory, we present quantitative results on the linear BGK equation (Sec. III A 1), the collisionless (Knudsen) gas with boundary conditions (Sec. III A 2), the nonlinear BGK equation on an interval (Sec. III A 3), the linear Boltzmann equation (Sec. III A 4), the linear degenerate Boltzmann equation (Sec. III A 5), and the linear kinetic Fokker-Planck equation (Sec. III A 6).
- Section III B is dedicated to two examples of kinetic models arising in biological processes: the run and tumble equation for bacterial chemotaxis (Sec. III B 1) and the FitzHugh-Nagumo equation for interacting neuron cells (Sec. III B 2).

In Secs. III A 1-III B 2, we introduce the corresponding equation, mention some literature, present the results on the equation in the form of a theorem, and give a strategy for their proofs skipping technicalities. We remark that our focus is on quantitative results using Harris-type arguments. Section IV is dedicated to a final discussion and some perspectives.

## II. HARRIS-TYPE THEOREMS

As far as this Review is concerned, by Harris-type theorems (we use the same terminology as in Ref. 6), we refer to some probabilistic results on the study of ergodic (long-time) behavior of Markov processes. A way of describing a Markov process is through its transition probabilities, which generate a semigroup of linear operators on appropriate function spaces. Studying spectral properties of this semigroup is closely related to the ergodicity of the Markov process, and it is an important topic of research for both partial differential equations and probability.

The original ideas of the Harris-type theorems date back to the paper of Doeblin ${ }^{5}$ where he showed that once its transition probabilities have a uniform lower bound, a Markov chain has a mixing property, meaning that it will admit an invariant (or a stationary) measure. A detailed explanation of these ideas can be found in Chap. 2 of the book. ${ }^{33}$ In Ref. 34, Harris studied the conditions for the existence of a unique invariant measure for a Markov process. Later, Meyn and Tweedie ${ }^{8,35}$ extended these results by showing exponential (or geometric) convergence rates to a unique stationary measure for some Markov processes. In Refs. 36 and 37, the authors adapted the framework of Meyn and Tweedie to show how to obtain sub-exponential (or subgeometric) convergence rates. In Ref. 7, Hairer and Mattingly gave an alternative
proof of this result in appropriate mass transport distances (yielding the total variation setting), including the cases with sub-exponential convergence rates (see also Ref. 4). Following the paper of Hairer and Mattingly, Harris-type theorems gained much interest outside the probability community; in particular, they have been successfully used for determining the spectral gaps of integro-differential operators, which describe Piecewise Deterministic Markov Processes (PDMPs). In this Review, we particularly focus on some kinetic equations motivated by physical or biological processes (see Secs. III A and III B, respectively). The significance of Ref. 7 comes from the fact that the authors provided an efficient way of obtaining quantitative convergence rates to a unique equilibrium state once the hypotheses are verified quantitatively. Moreover, recently, in Ref. 6, Cañizo and Mischler have provided yet another proof relying only on semigroup and interpolation arguments essentially using similar ideas.

Harris-type theorems provide geometric (i.e., exponential) or sub-geometric (e.g., polynomial) convergence rates to a unique equilibrium state for a Markov process relying on two hypotheses:
(i) Strong-positivity or minorization condition refers to the irreducibility or the uniform mixing property of a Markov process. It consists in verifying that the probability of a Markov process transitioning from an arbitrary initial state to any other state in its state space is positive. If such a property holds uniformly on the whole state space, then Doeblin's theorem gives the existence of a unique stationary equilibrium state and exponential relaxation toward it. When this condition fails to hold uniformly, but it holds in a subset of the state space, it is still possible to show the existence of a unique equilibrium state under the condition that the subset where a mixing property holds is visited infinitely often.
(ii) Foster-Lyapunov condition refers to a geometric drift or a confinement property of a Markov process. This condition ensures that the Markov process converges to the center of the state space where a minorization condition holds, and it is verified by finding an appropriate Lyapunov function satisfying an inequality on the generator of the process. The speed of convergence, i.e., whether it is geometric or sub-geometric, is determined depending on how strong this inequality is.
Before giving the statements of the theorems, we introduce some notations.
Notations. We are interested in the long-time behavior of some continuous-time Markov processes taking values in locally compact separable metric spaces, e.g., Polish spaces. We consider a measurable space $(\Omega, \Sigma)$ where $\Omega$ is a Polish space endowed with a probability measure, i.e., a measure of mass 1 . We denote $\mathcal{M}(\Omega)$ and $\mathcal{P}(\Omega)$ as the spaces of finite measures and probability measures on $\Omega$, respectively.

Definition 2.1 (total variation distance). We consider two probability measures $\mu, v$ defined on the measurable space $(\Omega, \Sigma)$. The total variation distance between $\mu$ and $v$ is defined as

$$
\begin{equation*}
\|\mu-v\|_{T V}:=\sup _{E \in \Sigma}|\mu(E)-v(E)| . \tag{2.1}
\end{equation*}
$$

Definition 2.2 (absolutely continuous measures). A measure $\mu \in \mathcal{M}(\Omega)$ is absolutely continuous if there exists a Lebesgue integrable function $f$ such that

$$
\mu(E)=\int_{E} f(\mathrm{~d} z)
$$

for every Borel set $E \in \Sigma$. Then, $f$ is called the Radon-Nikodym derivative $\mathrm{d} \mu / \mathrm{d} z$.
Next, we give an elementary result establishing a connection between the total variation distance and the $L^{1}$ distance. Later, we consider that these two distances are essentially the same.

Lemma 2.3. Let $\mu, v \in \mathcal{P}(\Omega)$ and $f, g$ be the Radon-Nikodym derivatives of $\mu$ and $v$, respectively. Then,

$$
\|\mu-v\|_{T V}=\frac{1}{2}\|f-g\|_{L^{1}}
$$

We use the following notation: $\|\cdot\|_{L^{1}}=\|\cdot\|_{L^{1}(\Omega)}$ unless the set of integration is specified otherwise.
We skip the proof of this lemma.
We define the weighted $L^{1}$ distance (or weighted total variation distance) by

$$
\|f\|_{\phi}:=\int_{\Omega} \phi(z)|f(z)|(\mathrm{d} z),
$$

where $f$ is a measurable function and $\phi: \Omega \rightarrow[1,+\infty)$ is a measurable weight function. We define the space $\mathcal{M}_{\phi}:=\{f(\mathrm{~d} z) \in \mathcal{M}(\Omega) \mid f \phi$ $\left.\in L^{1}(\Omega)\right\}$, and we denote $\mathcal{P}_{\phi}(\Omega):=\mathcal{M}_{\phi}(\Omega) \cap \mathcal{P}$. Note that when $\phi=1$, the norm corresponds to the $L^{1}$ or the total variation distance (on the
set $\Omega$ ), and we use, with a slight abuse, the following notation: $\|\cdot\|_{1}=\|\cdot\|_{L^{1}}=\|\cdot\|_{T V}$. Moreover, for a given weight function $\phi$, we also define for $p \in[1,+\infty)$,

$$
L_{\phi}^{p}(\Omega):=\left\{f(\mathrm{~d} z) \in \mathcal{M}(\Omega) \mid f \phi \in L^{p}(\Omega)\right\} \quad \text { and } \quad\|f\|_{L_{\phi}^{p}}=\|f \phi\|_{L^{p}} .
$$

We denote $\mathcal{P}_{\phi}^{p}(\Omega):=L_{\phi}^{p}(\Omega) \cap \mathcal{P}$.
For $n \in \mathbb{N}, 1 \leq p \leq \infty$, we also define the Sobolev spaces $W^{n, p}(\Omega)$ as

$$
W^{n, p}(\Omega):=\left\{f \in L^{p}(\Omega)\left|D^{\alpha} f \in L^{p}(\Omega), 0 \leq|\alpha| \leq n\right\},\right.
$$

where, for every multi-index $\alpha, D^{\alpha} f$ are the partial derivatives of $f$, i.e., $D^{\alpha} f=\frac{\partial^{|\alpha|} f}{\partial z_{1}^{\alpha_{1}} \ldots \partial z_{d}^{\alpha_{d}}}$.
A continuous-time Markov process is defined by a family of transition probability functions $P_{t}(z, E)$ for $t \geq 0, z \in \Omega$, where $E$ is a Borel set. Note that $(t, z) \mapsto P_{t}(z, E)$ is a measurable function for all Borel sets $E$ and $E \mapsto P_{t}(z, E)$ is a probability measure on $\Omega$ for all $(t, z)$. Transition probability functions generate a linear semigroup $\left(S_{t}\right)_{t \geq 0}$. The action of $S_{t}$ on finite measures and the action of its dual semigroup $S_{t}^{*}$ on measurable functions are given by

$$
S_{t} \mu(E)=\int_{\Omega} P_{t}(z, E) \mu(\mathrm{d} z) \quad \text { and } \quad S_{t}^{*} \phi(z)=\int_{\Omega} \phi(y) P_{t}(z, \mathrm{~d} y),
$$

where $\phi: \Omega \rightarrow[0,+\infty)$ is a measurable function and $\mu \in \mathcal{M}(\Omega)$ is a finite measure on $\Omega$.
A Markov semigroup $S_{t}$ satisfies the following properties:

- $S_{0}=\operatorname{Id}$ or $P_{o}(z, \cdot)=\delta_{z}$ for all $z \in \Omega$.
- $S_{t+s}=S_{t} S_{s}$ for all $t, s \geq 0$ (semigroup property).
- $t \mapsto S_{t} \mu$ for all $\mu \in \mathcal{M}(\Omega)$ is continuous.
- $S_{t}^{*} \phi \geq 0$ if $\phi \geq 0$ for any $t \geq 0$ and any measurable function $\phi$ (positivity preserving).
- $\left\|S_{t}^{*} \phi\right\|_{\infty}=\|\phi\|_{\infty}$ for any measurable function $\phi$ (mass-preserving, contraction semigroup).
- $S_{t}^{*} \mathbb{T}(z)=\mathbb{1}(z)$ for any $z \in \Omega$.

A finite measure $\mu \in \mathcal{M}(\Omega)$ is an invariant/stationary measure for the Markov semigroup $S_{t}$ if $S_{t} \mu=\mu$ for all $t \geq 0$. Moreover, if $f$ solves (1.1), then $S_{t} f_{0}(z)=f(t, z)=f_{t}$ represents the solution of (1.1) with initial data $f_{0}$.

A Markov semigroup is called Feller if it maps the space of bounded measurable functions to the space of continuous functions.
Statements of the theorems. With these notations, now, we give the statements of Harris-type theorems in the spirit of Refs. 6, 7, 36, and 38. We skip the proofs and rather focus on the essence of these results and how to use them practically on some kinetic equations. We refer the reader to Refs. 6, 7, 36, and 38 for the proofs.

Let us start with Doeblin's theorem.
Theorem 2.4 (Doeblin's theorem). Let $\left(S_{t}\right)_{t \geq 0}$ be a Markov semigroup defined on $\mathcal{M}(\Omega)$ satisfying the following condition.
There exist a constant $\alpha \in(0,1)$, a probability measure $\eta$, and some time $\tau>0$ such that

$$
S_{\tau} \mu \geq \alpha \eta \quad \text { for all } \mu \in \mathcal{P}(\Omega) \quad \text { (Doeblin's condition). }
$$

Then, $\left(S_{t}\right)_{t \geq 0}$ has a unique invariant probability measure $\mu_{\infty}$, and for any $\mu \in \mathcal{P}(\Omega)$,

$$
\left\|S_{t} \mu-\mu_{\infty}\right\|_{1} \leq C e^{-\lambda t}\left\|\mu-\mu_{\infty}\right\|_{1} \quad \text { for all } t \geq 0
$$

where $C:=1 /(1-\alpha), \lambda:=-\log (1-\alpha) / \tau$.
Doeblin's theorem gives exponential convergence to a unique equilibrium once the Markov semigroup satisfies a positivity condition uniformly on the whole state space. However, it is often difficult to show such a uniform positivity condition, e.g., when the state space is unbounded. Harris's theorem extends this result to such cases via a Lyapunov-type inequality on the transition probabilities governing the flow of the process.

Theorem 2.5 (Harris's theorem). Let $\left(S_{t}\right)_{t \geq 0}$ be a Markov semigroup defined in $\mathcal{M}(\Omega)$ satisfying the following two conditions:
(i) There exist $\gamma \in(0,1), K \geq 0$, a continuous function $\phi: \Omega \rightarrow[1,+\infty)$, and some time $\tau>0$ such that

$$
S_{\tau}^{*} \phi(z) \leq \gamma \phi(z)+K \quad \text { (Foster-Lyapunov condition). }
$$

(ii) There exist a constant $\alpha \in(0,1)$, a probability measure $\eta$, and some time $\tau>0$ such that

$$
S_{\tau} \mu \geq \alpha \eta \quad \text { for all } \mu \in \mathcal{P}(\mathcal{A}) \quad \text { (minorization condition), }
$$

where $\mathcal{A}:=\{z: \phi(z) \leq R\}$ and $R>2 K /(1-\alpha)$.
Then, $\left(S_{t}\right)_{t \geq 0}$ has a unique invariant probability measure $\mu_{\infty}$, and for any $\mu \in \mathcal{P}(\Omega)$, there exist some constants $C>1, \lambda>0$ such that

$$
\left\|S_{t} \mu-\mu_{\infty}\right\|_{\phi} \leq C e^{-\lambda t}\left\|\mu-\mu_{\infty}\right\|_{\phi} \quad \text { for all } t \geq 0
$$

Remark 1. In order to verify the Foster-Lyapunov condition (especially for continuous-time Markov processes), it is convenient to consider the generator of the process since it is more accessible than the transition probability function, in general. In fact, to show that the Foster-Lyapunov condition holds, what we require is a function $\phi(z)$ such that $\lim _{|z| \rightarrow+\infty} \phi(z)=+\infty$ satisfying

$$
\begin{equation*}
\int \phi(z) f(\tau, \mathrm{~d} z) \leq \gamma \int \phi(z) f_{0}(\mathrm{~d} z)+K \tag{2.2}
\end{equation*}
$$

where $f(\tau, z)$ solves an equation $\partial_{t} f=\mathcal{L} f$ at time $\tau>0$ for any initial data $f_{0}$, which is a probability measure. Then, the Foster-Lyapunov condition is equivalent to the following inequality:

$$
\begin{equation*}
\mathcal{L}^{*} \phi(z) \leq-\zeta \phi(z)+D \tag{2.3}
\end{equation*}
$$

for some positive constants $\zeta$ and $D$, where $\mathcal{L}^{*}$ is the formal adjoint of $\mathcal{L}$ or it is the forward operator or the infinitesimal generator of the Markov process defined via

$$
\left.\frac{\mathrm{d}}{\mathrm{~d} t} S_{t}^{*} \psi\right|_{t=0}=\mathcal{L}^{*} \psi
$$

for all $\psi \in C_{c}^{\infty}(\Omega)$. We can verify the fact that (2.3) implies the Foster-Lyapunov condition with $\gamma=e^{-\zeta \tau}$ and $K=D / \zeta$ by an easy computation. First, we note that (2.3) is nothing but the following:

$$
\begin{equation*}
\frac{\mathrm{d}}{\mathrm{~d} t} \int \phi(z) f(t, \mathrm{~d} z) \leq-\zeta \int \phi(z) f(t, \mathrm{~d} z)+D \tag{2.4}
\end{equation*}
$$

We multiply $\int \phi(z) f(t, d z)$ with $e^{\zeta t}$ and take a derivative in $t$ to obtain, using (2.4),

$$
\begin{aligned}
\frac{\mathrm{d}}{\mathrm{~d} t}\left(e^{\zeta t} \int \phi(z) f(t, \mathrm{~d} z)\right) & =\zeta e^{\zeta t} \int \phi(z) f(t, \mathrm{~d} z)+e^{\zeta t} \frac{\mathrm{~d}}{\mathrm{~d} t} \int \phi(z) f(t, \mathrm{~d} z) \\
& \leq \zeta e^{\zeta t} \int \phi(z) f(t, \mathrm{~d} z)-\zeta e^{\zeta t} \int \phi(z) f(t, \mathrm{~d} z)+D e^{\zeta t} \\
& \leq D e^{\zeta t} .
\end{aligned}
$$

Now, we integrate this between 0 and $\tau$ and we obtain

$$
\int_{0}^{\tau} \frac{\mathrm{d}}{\mathrm{~d} t}\left(e^{\zeta^{\zeta t}} \int \phi(z) f(t, \mathrm{~d} z)\right) \mathrm{d} t=e^{\zeta \tau} \int \phi(z) f(\tau, \mathrm{~d} z)-\int \phi(z) f_{0}(\mathrm{~d} z) \leq D \int_{0}^{\tau} e^{\zeta t} \mathrm{~d} t=\frac{D}{\zeta}\left(e^{\zeta \tau}-1\right)
$$

and this implies

$$
\int \phi(z) f(\tau, \mathrm{~d} z) \leq e^{-\zeta \tau} \int \phi(z) f_{0}(\mathrm{~d} z)+\frac{D}{\zeta}\left(1-e^{-\zeta \tau}\right)
$$

Moreover, we note that the Foster-Lyapunov condition is equal to

$$
\begin{equation*}
\int \phi(z) f(\tau, \mathrm{~d} z) \leq \gamma \int \phi(z) f_{0}(\mathrm{~d} z)+K . \tag{2.5}
\end{equation*}
$$

Then, taking $\gamma=e^{-\zeta \tau}$ and $K=\frac{D}{\zeta}\left(1-e^{-\zeta \tau}\right) \leq \frac{D}{\zeta}$ gives (2.2) or, equivalently, the Foster-Lyapunov condition.

Remark 2. The constants in Theorem 2.5 can be computed explicitly. Setting $\gamma_{0} \in[\gamma+2 K / R, 1)$, we choose $\beta=\alpha_{0} / K$ for any $\alpha_{0} \in(0, \alpha)$; then, we have $C:=1-\bar{\alpha}$ and $\lambda:=-\log (1-\bar{\alpha}) / T$, where $\bar{\alpha}=\min \left\{\alpha+\alpha_{0},\left(2+R \beta\left(2-\gamma_{0}\right)\right) /(2+R \beta)\right\}$ (see Remark 3.10 in Ref. 38).

When it is not possible to find a Lyapunov function satisfying the Foster-Lyapunov condition, but a weaker inequality, a version of Harris's theorem can still be used to obtain sub-geometric convergence rates. Here, we state (and later use) a version that is found in Refs. 6 and 38, but for different versions, we also refer to Ref. 39 and, particularly, Theorem 5.2.c in Ref. 40, Theorems 3.10 and 3.12 in Ref. 36, Theorem 1.2 in Ref. 4, and the references therein.

Theorem 2.6 (Harris's theorem for subgeometric convergence). Let $\left(S_{t}\right)_{t \geq 0}$ be a Markov semigroup defined in $\mathcal{M}(\Omega)$. Let $S_{t}$ be also Feller for all $t \geq 0$ satisfying the following two conditions:
(i) There exist constants $\zeta>0, D \geq 0$, a continuous function $\phi: \Omega \rightarrow[1,+\infty)$ with pre-compact sublevel sets such that

$$
\mathcal{L}^{*} \phi(z) \leq-\zeta V(\phi)+D \quad \text { (weaker Foster-Lyapunov condition) }
$$

where $V:[1,+\infty) \rightarrow[1,+\infty)$ is a strictly concave, positive, and increasing function and $\lim _{u \rightarrow+\infty} V^{\prime}(u)=0$.
(ii) For every $R>0$, there exist a constant $\alpha \in(0,1)$, a probability measure $\eta$, and some time $\tau>0$ such that

$$
S_{\tau} \mu \geq \alpha \eta \quad \text { for all } \mu \in \mathcal{P}(\mathcal{A}) \quad \text { (sub-geometric minorization condition) }
$$

where $\mathcal{A}:=\{z: \phi(z) \leq R\}$.
Then, $\left(S_{t}\right)_{t \geq 0}$ has a unique invariant probability measure $\mu_{\infty}$ satisfying

$$
\begin{equation*}
\int V(\phi(z)) \mu_{\infty}(\mathrm{d} z) \leq D \tag{2.6}
\end{equation*}
$$

and there exists a constant $C$ such that for any $\mu \in \mathcal{P}(\Omega)$,

$$
\left\|S_{t} \mu-\mu_{\infty}\right\|_{T V} \leq \frac{C \mu(\phi)}{H_{V}^{-1}(t)}+\frac{C}{\left(V \circ H_{V}^{-1}\right)(t)}
$$

where $\mu(\phi)=\int \phi(z) \mu(d z)$ and

$$
H_{V}=\int_{1}^{t} \frac{\mathrm{~d} s}{V(s)}
$$

For the proofs of these theorems, we refer to Refs. 6, 36, and 38. We note that instead of the condition $\lim _{u \rightarrow+\infty} V^{\prime}(u)=0$ in Refs. 36 and 38, a weaker condition, $V(u) \leq u$ for any $u \geq 1$, is assumed in Ref. 6 (see Hypothesis 7). The latter is weaker in the sense that it allows for linear growth at infinity, whereas the former essentially requires $V$ to be flat at infinity.

After presenting the statements of Harris-type theorems, we now look at their applications on some kinetic equations.

## III. QUANTITATIVE HYPOCOERCIVITY RESULTS

In this section, we present some examples of applications of Harris-type theorems (see Sec. II) on some kinetic equations of type (1.1), which are motivated by some problems in physics and biology. The common feature of these equations is that the underlying process is a continuous-time Markov process, which is defined by a linear and positivity- and mass-preserving semigroup.

Let $t \mapsto f_{t}$ solve (1.1) at time $t \geq 1$. The mass conservation property gives that $\int f_{0} \mathrm{~d} z=\int f_{t} \mathrm{~d} z$. This means that if we consider an initial datum, which is a probability measure (this will be the case unless stated otherwise), then it will remain so. This semigroup is also positivity preserving. As already defined in Sec. II, a semigroup having these properties is called a Markov (or stochastic) semigroup.

In Secs. III A and III B, we look at quantitative hypocoercivity estimates for some kinetic equations appearing in the context of physics and biology, respectively.

## A. Kinetic equations arising in mathematical physics

In 1872, Boltzmann derived the so-called Boltzmann equation, which is considered the fundamental equation in the kinetic theory of gases (see Refs. 22 and 41). The Boltzmann equation describes the statistical behavior of a thermodynamical system in a non-equilibrium state. It is derived for the evolution of a dilute gas under the assumptions that the gas particles are undergoing elastic, localized, and microreversible collisions and that the velocities of two particles at the same position are uncorrelated before the collision, i.e., the molecular chaos assumption. These collisions are described by the Boltzmann collision operator, i.e., $\mathcal{C}$ in (1.1) is given by

$$
\begin{equation*}
\mathcal{C}[f]:=Q(f, f)=\int_{\mathbb{R}^{d}} \int_{\mathbb{S}^{d-1}} B\left(\left|v-v_{*}\right|, \cos \theta\right)\left(f^{\prime} f_{*}^{\prime}-f f_{*}\right) \mathrm{d} \sigma \mathrm{~d} v_{*}, \tag{3.1}
\end{equation*}
$$

where $f^{\prime}:=f\left(t, x, v^{\prime}\right), f_{*}^{\prime}:=f\left(t, x, v_{*}^{\prime}\right), f=f(t, x, v)$, and $f_{*}:=f\left(t, x, v_{*}\right)$.

The velocities of two particles before and after a collision occurs, $\left(v^{\prime}, v_{*}^{\prime}\right)$ and $\left(v, v_{*}\right)$, respectively, are given by

$$
\begin{equation*}
v^{\prime}=\frac{v+v_{*}}{2}+\frac{\left|v-v_{*}\right|}{2} \sigma, \quad v_{*}^{\prime}=\frac{v+v_{*}}{2}-\frac{\left|v-v_{*}\right|}{2} \sigma \tag{3.2}
\end{equation*}
$$

where $\sigma \in \mathbb{S}^{d-1}$ is a unit vector on the $(d-1)$-dimensional unit sphere. The angle between pre- and post-collisional velocities is called the deviation angle, and it satisfies that

$$
\cos \theta:=\frac{\left(v_{*}^{\prime}-v^{\prime}\right) \cdot\left(v_{*}-v\right)}{\left|v_{*}-v\right|^{2}}=\frac{v-v_{*}}{\left|v-v_{*}\right|} \cdot \sigma .
$$

In (3.1), $B$ is called the Boltzmann collision kernel, and its shape depends on how the particles interact. We assume that $B$ can be written as

$$
\begin{equation*}
B\left(\left|v-v_{*}\right|, \cos \theta\right)=\left|v-v_{*}\right|^{\gamma} b(\cos \theta), \quad \gamma=\frac{s-(2 d-1)}{s-1} \tag{3.3}
\end{equation*}
$$

for $s>2$ (excluding the Coulomb interactions case, i.e., $s=2$ ). The cases where $0<\gamma \leq 1, \gamma=0$, and $-d<\gamma<0$ correspond to hard potentials, Maxwellian potentials, and soft potentials, respectively.

The assumption that the collision kernel is integrable with respect to the angular variable is known as the Grad's angular cut-off assumption. Throughout this section, we consider that this assumption holds.

Well-posedness. The study of existence of solutions for the Boltzmann equation dates back to Ref. 42 where DiPerna and Lions established a foundation of the global existence of solutions in the $L^{1}$ setting for Grad's angular cutoff case. In Ref. 43, Alexandre and Villani extended this to the non-cutoff cases. Following these landmark results, it has become a subject for many other works. For a detailed discussion about the literature, we refer to a recent survey ${ }^{44}$ by Silvestre where he addressed recent regularity results and some open problems in this direction.

Long-time behavior. Concerning the long-time behavior of the Boltzmann equation, the famous $H$-theorem states that the mathematical entropy $H(f)$ decreases in time, along the solutions of the Boltzmann equation, i.e.,

$$
H[f]=\int_{\Omega \times \nu} f \log (f) \mathrm{d} z \quad \text { and } \quad \frac{\mathrm{d}}{\mathrm{~d} t} H[f]=-\int_{\Omega} D[f] \mathrm{d} x \leq 0,
$$

where $D[f] \geq 0$ is the so-called entropy dissipation. Then, there exists a unique global equilibrium state given by a local Maxwellian (Gaussian distribution),

$$
f_{\infty}(x, v)=\frac{\rho}{(2 \pi T)^{d / 2}} e^{-\frac{|v-u|^{2}}{2 T}}:=M_{\rho, T, u}(x, v),
$$

where the macroscopic quantities $\rho, u$, and $T$ are defined as

$$
\begin{aligned}
\rho(t, x) & =\int_{V} f(t, z) \mathrm{d} v \\
u(t, x) & =\frac{1}{\rho(t, x)} \int_{V} v f(t, z) \mathrm{d} v \\
T(t, x) & =\frac{1}{d \rho(t, x)} \int_{V}|v-u(t, x)|^{2} f(t, z) \mathrm{d} v
\end{aligned} \text { (local density), (local momentum), }
$$

where $z=(x, v)$. The total mass, the total momentum, and the total temperature of the system are conserved, i.e.,

$$
\frac{\mathrm{d}}{\mathrm{~d} t} \int_{\Omega \times v} f(t, z)\left(\begin{array}{c}
1 \\
v \\
|v|^{2} / 2
\end{array}\right) \mathrm{d} z=0
$$

In a prominent result, ${ }^{45}$ Desvillettes and Villani showed that the nonlinear Boltzmann equation converges to local Maxwellian at least at an algebraic rate, provided that some a priori strong Sobolev estimates are verified. Such estimates were established in spatially periodic domains near Maxwellians (see Refs. 46 and 47), but their validity in the spatially inhomogeneous setting in bounded domains remains still open. Furthermore, such estimates are not expected to hold in general non-convex domains (see, e.g., Ref. 48 for further discussions).

There are previous works on the nonlinear Boltzmann equation using a linearization argument around the equilibrium (see, e.g., Refs. 49 and 50 ). The problem arising in this approach is that the convergence estimates are valid only once the system enters a small neighborhood of the equilibrium.

Confinement. A key mechanism to ensure the existence of an equilibrium state for spatially inhomogeneous kinetic equations is called the confinement. There are several ways to induce confinement in a kinetic model (see, e.g., Ref. 22 for this classification, other confinement mechanisms, and a more detailed discussion on this matter):
(i) Torus confinement simply refers to posing the equation on the torus, i.e., $x \in \mathbb{T}^{d}$. This is very convenient mathematically since the torus does not have a boundary.
(ii) Potential confinement means that the interaction between gas particles and their background is described via a confining potential $\Phi(x)$; then, the force is given by $F(x)=-\nabla_{x} \Phi(x)$. In this case, the potential $\Phi$ must satisfy $e^{-\Phi(x)} \in L^{1}\left(\mathbb{R}^{d}\right)$ to be confining.
(iii) Box confinement refers to enclosing the system in a box or a vessel with boundary conditions.

Note that if, e.g., $x \in \Omega \subset \mathbb{R}^{d}$, where $\Omega$ is a bounded set, even if a confining potential is considered, boundary conditions must be imposed. We will also consider cases where some boundary conditions are imposed in the absence of a collision term.

Throughout this section, we consider either $x \in \mathbb{T}^{d}$ or $x \in \mathbb{R}^{d}$. When $x \in \mathbb{T}^{d}$, the transport operator $\mathcal{T}$ in (1.1) is given by $\mathcal{T}=v \cdot \nabla_{x} f$. We define the normalized $(T=u=1)$ global Maxwellian,

$$
\begin{equation*}
M(v):=\frac{1}{(2 \pi)^{-d / 2}} e^{-\frac{|v|^{2}}{2}}, \tag{3.4}
\end{equation*}
$$

which is the global equilibrium of the Boltzmann equation when $x \in \mathbb{T}^{d}$. Unless stated otherwise, when $x \in \mathbb{R}^{d}$, then we consider that the transport operator has also a macroscopic force term, i.e., $\mathcal{T}=v \cdot \nabla_{x}-\nabla_{x} \Phi(x) \cdot \nabla_{v}$, where $\Phi(x)$ is the confining potential.

Boundary conditions. The boundary conditions describe the interactions between gas particles and the boundary of the domain, which we denote as $\partial \Omega$. Here, we introduce some boundary conditions, which are commonly used in the literature (we will also use them later). Moreover, we refer to, e.g., Refs. 22 and 51 for more detailed discussions on this topic.

Equation (1.1) may be supplemented with the boundary conditions given by

$$
\begin{equation*}
\gamma_{-} f(t, z)=\mathcal{R}_{\gamma_{+}} f(t, z), \quad z \in \partial \Omega \times \mathcal{V} \tag{3.5}
\end{equation*}
$$

where $\gamma_{ \pm}$shows the trace of $f$ at the boundary sets $(0, \infty) \times \partial_{ \pm} \Sigma$, which are defined as

$$
\partial_{ \pm} \Sigma:=\left\{z \in \partial \Omega \times \mathcal{V} \mid \pm\left(v \cdot n_{x}\right)>0\right\},
$$

where $n_{x}$ is the outward unit normal vector at $x \in \partial \Omega$. Here, $\Sigma_{-}$and $\Sigma_{+}$denote the incoming and the outgoing sets, respectively. With this notation at hand, we define some common type of boundary conditions.
(i) Specular reflection is the most natural boundary condition to consider, and it means that the particles bounce back on the wall with the same pre- and post-collisional angles. The specular reflection is given by

$$
\begin{equation*}
f(t, x, v)=f\left(t, x, R_{x} v\right), \quad R_{x} v=v-2\left(v \cdot n_{x}\right) n_{x} \tag{3.6}
\end{equation*}
$$

where $n_{x}$ is the outward unit normal vector at $x \in \partial \Omega$.
(ii) Diffuse reflection means that the particles are adsorbed by the boundary before being re-emitted inside the domain according to the Maxwellian velocity distribution. The diffuse boundary condition, considering, e.g., the incoming set, is given by

$$
\begin{equation*}
f(t, x, v)=\tilde{R}_{+}(x) M_{T_{w}}(x, v), \quad \tilde{R}_{+}(x)=\int_{\left\{v \cdot n_{x}>0\right\}} f(t, x, v)\left|v \cdot n_{x}\right| \mathrm{d} v, \tag{3.7}
\end{equation*}
$$

where the Maxwellian $M_{T_{w}}(x, v)$ depending on the temperature of the wall (boundary) at $x \in \partial \Omega$ is denoted by $T_{w}(x)$,

$$
M_{T_{w}}(x, v)=\frac{c(x)}{\left(2 \pi T_{w}(x)\right)^{d / 2}} e^{\frac{-|v|^{2}}{2 T_{w}(x)}}, \quad c(x)=\left(\int_{\left\{v \cdot n_{x}>0\right\}} \frac{1}{\left(2 \pi T_{w}(x)\right)^{d / 2}} e^{\frac{-|v|^{2}}{2 T_{w}(x)}}\left|v \cdot n_{x}\right| \mathrm{d} v\right)^{-1}
$$

for any $x \in \partial \Omega$.
We note that in the diffuse reflection case, incoming and outgoing velocities are not correlated for both the normal and tangential components. Moreover, it is physically irrelevant to assume that the particles will be reflected purely specular at the boundary. A more realistic description of the interactions at the boundary is given by the Maxwell boundary conditions, which combines both the specular and diffuse boundary conditions.
(iii) Maxwell boundary conditions consist in taking a convex combination of the specular and the diffuse reflections, i.e., the reflection operator $\mathcal{R}_{\gamma_{+}}$in (3.5) is given by

$$
\begin{equation*}
f(t, x, v)=\mathcal{R}_{\gamma_{+}} f(t, x, v):=(1-\alpha(x)) f\left(x, R_{x} v\right)+\alpha(x) \tilde{R}_{+}(x) M_{T_{w}}(x, v), \tag{3.8}
\end{equation*}
$$

where $\alpha: \partial \Omega \rightarrow[0,1]$ is a Lipschitz function called the accommodation coefficient. We note that $\alpha \equiv 0$ and $\alpha \equiv 1$ correspond to the pure specular reflection and the pure diffuse reflection, respectively.

There are more complicated boundary conditions taking into account not only the effects of diffuse and specular reflections but also the pressure of the particles on the boundary during an interaction. One of them is Cercignani-Lampis (CL) boundary conditions (see, e.g., Ref. 51) given as follows.
(iv) Cercignani-Lampis boundary conditions take into account that the probability distribution of the outgoing velocities keeps some information from the incoming velocities. In this case, the reflection operator $\mathcal{R}_{\gamma+}$ in (3.5) is given by

$$
\begin{align*}
\mathcal{R}_{\gamma+} f(t, x, v)= & \int_{\left\{u \cdot n_{x}>0\right\}} f(t, x, u) R(u \rightarrow v ; x)\left|u \cdot n_{x}\right| \mathrm{d} u, \\
R(u \rightarrow v ; x)= & \frac{1}{T_{w}(x) r_{\perp}} \frac{1}{\left(2 \pi T_{w}(x) r_{\|}\left(2-r_{\|}\right)\right)^{(d-1) / 2}} e^{-\frac{\left|v_{\perp}\right|^{2}}{2 T_{w}(x) r_{\perp}}} e^{-\frac{\left(1-r_{\perp}\right)\left|u_{\perp}\right|^{2}}{2 T_{w}(x) r_{\perp}}}  \tag{3.9}\\
& \times e^{-\frac{\left|v_{\|}-\left(1-r_{\|}\right) u u_{\|}\right|^{2}}{2 T_{w}(x) r_{\|} \mid\left(2-r_{\|}\right)}} I_{0}\left(\frac{\left(1-r_{\perp}\right)^{1 / 2} u_{\perp} \cdot v_{\perp}}{T_{w}(x) r_{\perp}}\right),
\end{align*}
$$

where

$$
v_{\perp}^{\prime}:=\left(v^{\prime} \cdot n_{x}\right) n_{x}, \quad v_{\|}^{\prime}:=v^{\prime}-v_{\perp}^{\prime}, \quad I_{0}(y):=\frac{1}{\pi} \int_{0}^{\pi} e^{y \cos \theta} \mathrm{~d} \theta
$$

for any velocity $v^{\prime}$ and $y \in \mathbb{R}$. The temperature of the boundary is denoted as $T_{w}(x)$ for all $x \in \partial \Omega$. We denote the accommodation coefficients by $r_{\perp} \in(0,1]$ and $r_{\|} \in(0,2)$. We note that the Cercignani-Lampis kernel $R$ is normalized (see the Appendix of Ref. 52 for a proof), i.e., for any $(x, u) \in \partial_{+} \Sigma$,

$$
\int_{\left\{v \cdot n_{x}<0\right\}} R(u \rightarrow v ; x)\left|v \cdot n_{x}\right| \mathrm{d} v=1 .
$$

This normalization ensures that the distribution of the outgoing velocities from $R$ is a probability distribution. Moreover, we note that the case $\left(r_{\perp}, r_{\|}\right)=(1,1)$ corresponds to the diffuse reflection.
Finally, we remark that these boundary conditions conserve mass and positivity so that when we impose them, we can still describe the process by a Markov semigroup (see Secs. III A 2 and III A 3). We also mention a recent paper (cf. Ref. 53) where the authors studied the hypocoercivity for various linear kinetic equations with Maxwell boundary conditions.

After this general introduction to the nonlinear Boltzmann equation, its properties, and some boundary conditions, we look at the longtime behavior of some kinetic models for interacting gas particles. These equations can be classified into three categories (see Ref. 22 for this categorization and some other variants):
(i) Model equations: the linear BGK, the nonlinear BGK equation on an interval, and the kinetic free-transport equation with boundary conditions describing the collisionless gas.
(ii) Linear Boltzmann models: the linear Boltzmann and the linear degenerate Boltzmann equations.
(iii) Diffusive models: the linear kinetic Fokker-Planck equation.

We present the results following this order.

## 1. The linear BGK equation

The BGK (or relaxation Boltzmann) equation was introduced by the physicists Bhatnagar, Gross, and Krook in 1954 (cf. Ref. 54) as a simplified Boltzmann-like model for collision processes in gases. It satisfies the fundamental properties of the Boltzmann equation. Here, we are interested in the linear version of it. In this case, the BGK collision operator is given by

$$
\begin{equation*}
\mathcal{C}[f]=\mathcal{C}_{M}^{+}[f]-f=M(v) \int_{\mathbb{R}^{d}} f^{\prime} \mathrm{d} v^{\prime}-f, \tag{3.10}
\end{equation*}
$$

where $M$ is the normalized Maxwellian given by (3.4) and $f^{\prime}:=f\left(t, x, v^{\prime}\right)$.
In Ref. 55, Perthame provided the first result on the global weak solutions to the linear BGK equation. The global well-posedness of the nonlinear BGK equation is also addressed in Ref. 56. In Ref. 57, the authors proved existence and uniqueness in bounded domains by using weighted $L^{\infty}$ bounds. Later, in Ref. 58 , this result was extended to the $L^{p}$ setting. We also refer to a more recent paper ${ }^{59}$ addressing the Cauchy problem for the BGK equation with an external force term.

Concerning the long-time behavior, the exponential convergence to the unique equilibrium state, which is $f_{\infty}(x, v)=M(v) e^{-\Phi(x)}$, is shown in both the $L^{2}$ and $H^{1}$ settings (see, e.g., Refs. 1, 21, 60, and 61). Here, we present the result of Ref. 16, which shows quantitative geometric and subgeometric rates (depending on the confining potential) of convergence by using Doeblin and Harris theorems. This work also presents the first quantitative rate of convergence in the subgeometric setting.

Theorem 3.1. Suppose that $t \mapsto f_{t}$ is the solution to linear BGK equations (1.1), (1.2), (2.1)-(2.6), and (3.1)-(3.10) with initial data $f_{0} \in \mathcal{P}(\Omega \times \mathcal{V})$. We consider either of the three regimes as follows:
R1. Suppose that $\Omega \times \mathcal{V}=\mathbb{T}^{d} \times \mathbb{R}^{d}$ (no confining potential, i.e., $\Phi=0$ ).
R2. Suppose that $\Omega \times \mathcal{V}=\mathbb{R}^{d} \times \mathbb{R}^{d}$ and that the confining potential $\Phi \in C^{2}\left(\mathbb{R}^{d}\right)$ satisfies that

$$
\begin{equation*}
x \cdot \nabla_{x} \Phi(x) \geq \alpha|x|^{2}+\beta \Phi(x)-\eta \tag{3.11}
\end{equation*}
$$

for some positive constants $\alpha, \beta, \eta$.
Then, there exist positive constants $C, \lambda$, which are independent of $f_{0}$ such that

$$
\begin{equation*}
\left\|f_{t}-f_{\infty}\right\|_{\phi} \leq C e^{-\lambda t}\left\|f_{0}-f_{\infty}\right\|_{\phi} \tag{3.12}
\end{equation*}
$$

where $f_{\infty}(x, v)=M(v) e^{-\Phi(x)}$ is the only equilibrium state and $\phi=1$ for $\boldsymbol{R 1}$ (corresponds to the total variation or the $L^{1}$ distance) and for $\boldsymbol{R 2}$; the weight function is $\phi=1+\varphi$, where $\varphi$ is given by

$$
\begin{equation*}
\varphi(x, v)=H(x, v)+\frac{x \cdot v}{4}+\frac{|x|^{2}}{8} \tag{3.13}
\end{equation*}
$$

and $H(x, v):=\Phi(x)+|v|^{2} / 2$ is the total energy of the system.
R3. Suppose that $\Omega \times \mathcal{V}=\mathbb{R}^{d} \times \mathbb{R}^{d}$ and that the confining potential $\Phi \in C^{2}\left(\mathbb{R}^{d}\right)$ satisfies, for some $\xi \in(0,1)$, that

$$
\begin{equation*}
x \cdot \nabla_{x} \Phi(x) \geq \alpha\langle x\rangle^{2 \xi}+\beta \Phi(x)-\eta \tag{3.14}
\end{equation*}
$$

for some positive constants $\alpha, \beta, \eta$.
Then, there exists a positive constant $C$ such that

$$
\left\|f_{t}-f_{\infty}\right\|_{1} \leq \min \left\{\left\|f_{0}-f_{\infty}\right\|_{1}, C(1+t)^{-\frac{\xi}{1-\xi}}\left\|f_{0}\right\|_{\phi}\right\}
$$

where $f_{\infty}(x, v)=M(v) e^{-\Phi(x)}$ is the only equilibrium state and the weight function is $\phi=\varphi^{\xi}$, where $\varphi$ is given by (3.13).
Idea of the Proof of Theorem 3.1. Here, we give the ideas of the proofs in three different regimes. For detailed computations, we refer to Sec. 3 of Ref. 16.

We start by writing the solutions of (1.1) with (3.10) as

$$
\begin{equation*}
f_{t} \geq e^{-t} \int_{0}^{t} \int_{0}^{s} \mathcal{T}_{t-s} \mathcal{C}_{M}^{+} \mathcal{T}_{s-r} \mathcal{C}_{M}^{+} \mathcal{T}_{r} f_{0} \mathrm{~d} r \mathrm{~d} s \tag{3.15}
\end{equation*}
$$

This is done by repeatedly using Duhamel's formula. The rest of the proof relies on showing a lower bound on the actions of the operators $\mathcal{C}_{M}^{+}$ and $\mathcal{T}$ individually. Note that $\left(\mathcal{T}_{t}\right)_{t \geq 0}$ is the transport semigroup describing the action of $\mathcal{T}$ at each time $t \geq 0$. This part is different for each regime, and the difference arises in the confining potential, more precisely, the assumptions made on the confining potential. It is expected to have a slower convergence when the confinement is not strong enough. In the presence of a confining potential, the external force exerted on particles will deviate their trajectories from a straight line (which is the result of the free transport); we need to track these trajectories to estimate the action of $\mathcal{T}$. As our starting point, we always take the initial data $f_{0}(z)=\delta_{\left(x_{0}, v_{0}\right)}(x, v)$, where $\left(x_{0}, v_{0}\right) \in \Omega \times \mathcal{V}$ is an arbitrary point. Since the underlying semigroup is Markov, later, we can extend this to any probability measure.
R1. In this case, the proof uses Doeblin's theorem (Theorem 2.4). Thus, we show how to verify Doeblin's condition. The idea is to show that $\mathcal{C}_{M}^{+}$allows jumps to any small velocity $v$ and that the transport operator $\mathcal{T}$ allows reaching anywhere in a ball of radius $R$ once the starting point is any point inside $R$ with any starting velocity $v$.

More precisely, for any $\beta>0$, we can find $\varepsilon>0$ small such that for any probability measure $v \in \mathcal{P}\left(\mathbb{T}^{d} \times \mathbb{R}^{d}\right)$,

$$
\mathcal{C}_{M}^{+} v(x, v) \geq \varepsilon \mathbb{1}_{\{|v| \leq \beta\}} \int_{\mathbb{R}^{d}} v\left(x, v^{\prime}\right) \mathrm{d} v^{\prime} .
$$

Note that this is easily verified by choosing $\varepsilon=M(v)$ for any $v$ such that $|v|=\beta$.
For the transport part, given any time $\tau>0$, for all $t \geq \tau$, for any $x_{0} \in \mathbb{T}^{d}$, we can find $\beta, \tilde{R}>0$ such that the following bound holds:

$$
\int_{B(0, \tilde{R})} \mathcal{T}_{t}\left(\delta_{x_{0}}(x) \mathbb{1}_{B(0, \beta)}(v)\right) \mathrm{d} v \geq \tau^{-d}
$$

$B(z, R)$ denotes the open ball centered at $z$ with a radius $R$.

By combining the last two estimates, we show that there exists $\tau>0$ such that

$$
S_{\tau} f_{0}:=f_{\tau} \geq \frac{1}{9} e^{-\tau} \tau^{2-d} \varepsilon^{2} \mathbb{T}_{\{|v| \leqslant \beta\}} .
$$

Thus, Doeblin's condition is satisfied, and we can find $C$ and $\lambda$ explicitly.
R2. In this case, it is easy to check that the weight function (3.13) verifies the Foster-Lyapunov condition, i.e., (2.3) with $\zeta=\min \{\alpha, \beta, 1\} / 4$ and $D=d / 2+\eta / 4$.

For the minorization condition, the estimate coming from the $R 1$ case is not enough as we need to track the trajectories of particles under the action of the potential $\Phi$. The characteristics associated with the transport part in this case are given by

$$
\begin{align*}
& \dot{x}=v, \\
& \dot{v}=-\nabla \Phi(x) . \tag{3.16}
\end{align*}
$$

Denoting the solution of (3.16) with the initial data $\left(x(0)=x_{0}, v(0)=v_{0}\right) \in \Omega \times \mathcal{V}$ by $\left[X_{t}\left(x_{0}, v_{0}\right), V_{t}\left(x_{0}, v_{0}\right)\right]$, we have

$$
X_{t}\left(x_{0}, v_{0}\right)=x_{0}+v_{0} t+\int_{0}^{t} \int_{0}^{s} \nabla \Phi\left(X_{r}\left(x_{0}, v_{0}\right)\right) \mathrm{d} r \mathrm{~d} s
$$

for any $\left(x_{0}, v_{0}\right) \in \mathbb{R}^{d} \times \mathbb{R}^{d}$ and for any $t$ where it is defined. The idea is to approximate $\left(X_{t}, V_{t}\right)$ by $\left(X_{t}^{0}, V_{t}^{0}\right)$ by choosing a pair $\left(X_{t}^{\varepsilon}, V_{t}^{\varepsilon}\right)$ between $\left(X_{t}, V_{t}\right)$ and $\left(X_{t}^{0}, V_{t}^{0}\right)$, which solves the following ordinary differential equation (ODE):

$$
\begin{align*}
& \dot{x}=v, \\
& \dot{v}=-\varepsilon^{2} \nabla \Phi(x), \tag{3.17}
\end{align*}
$$

with the initial data $\left(x_{0}, v_{0}\right) \in \mathbb{R}^{d} \times \mathbb{R}^{d}$. Note that $\left(X_{t}^{0}, V_{t}^{0}\right)$ is the solution of $(3.17)$ when $\varepsilon=0$. We see that

$$
X_{t}^{\varepsilon}\left(x_{0}, v_{0}\right)=X_{\varepsilon t}\left(x_{0}, v_{0} / \varepsilon\right) \quad \text { and } \quad V_{t}^{\varepsilon}\left(x_{0}, v_{0}\right)=\varepsilon V_{\varepsilon t}\left(x_{0}, v_{0} / \varepsilon\right) .
$$

For a fixed $t$ and $\varepsilon \in[0,1]$, we define a $C^{1} \operatorname{map} F(\varepsilon, v)=X_{t}^{\varepsilon}\left(x_{0}, v\right)$. We call $x_{1}$ the point we reach after time $t$ following the trajectory $X_{t}^{0}$, i.e., the flow of (3.17) when $\varepsilon=0$ so that $v_{0}=\left(x_{1}-x_{0}\right) / t$. Then, for $\varepsilon=0$, we can find $v_{*}$ such that $F\left(0, v_{*}\right)=x_{1}$. Then, since $\nabla F\left(0, v_{*}\right) \neq 0$ by the implicit function theorem, for all $\varepsilon<\varepsilon_{*}$, there is a $C^{1}$ function $v(\varepsilon)$ such that $F(\varepsilon, v(\varepsilon))=x_{1}$, i.e., $X_{\varepsilon t}\left(x_{0}, v(\varepsilon) / \varepsilon\right)=x_{1}$. If $s$ is taken such that $s<\varepsilon * t$, then we can choose $v$ such that $X_{s}\left(x_{0}, v\right)=x_{1}$. We can obtain quantitative estimates on $\varepsilon *$ by finding bounds on $\left(X_{t}, V_{t}\right)$ and $\nabla \Phi\left(X_{t}\right)$ for $t>0$ in fixed intervals. The details for this can be found in Lemmas 3.4 and 3.5 of Ref. 16. Finally, for a given $R>0$, there exists a time $\tau>0$, and for any $0<s<\tau$, we can find $\alpha, \beta, \tilde{R}>0$ explicitly such that

$$
\begin{equation*}
\int_{B(0, \tilde{R})} T_{s}\left(\delta_{x_{0}}(x) \mathbb{1}_{\{|v| \leq \beta\}}\right) \mathrm{d} v \geq \alpha \mathbb{1}_{\{|x| \leq R\}} \tag{3.18}
\end{equation*}
$$

for any $\left|x_{0}\right| \leq R$. We extend this argument to any initial data, which are compactly supported in $x$ and $v$ on some ball, and this verifies the minorization condition. Then, the result follows from Theorem 2.5.
$\boldsymbol{R 3}$. The sub-geometric minorization condition is verified in the same way as the $\boldsymbol{R} 2$ case above.
For the weaker Foster-Lyapunov condition, we use the weight function (3.13), and it is easy to check that $\phi^{\xi}$ verifies the inequality of the weaker Foster-Lyapunov condition with $\zeta=\min \{\alpha, \beta, 1\} / 4$ for some $D>0$. We can take $V(s)=1+s^{\xi}$; then, we have for large $u$,

$$
G_{V}(u)=\int_{1}^{u} \frac{\mathrm{~d} s}{V(s)}=\int_{1}^{u} \frac{\mathrm{~d} s}{1+s^{\xi}} \sim 1+u^{1-\xi},
$$

and for $t$ large, we have

$$
G_{V}^{-1}(t) \sim 1+t^{\frac{1}{1-\xi}} \quad \text { and } \quad V \circ G_{V}^{-1}(t) \sim 1+t^{\frac{\xi}{1-\xi}} .
$$

Therefore, the result follows from Theorem 2.6.
In Secs. III A 2 and III A 3, we will look at how the boundary conditions affect the long-time behavior of kinetic equations. We continue with the free-transport equation, which describes the collisionless (Knudsen) gas.

## 2. The kinetic free-transport equation with boundary conditions

In this section, we study the kinetic free-transport equation, i.e., $\partial_{t} f+v \cdot \nabla_{x} f=0$. In this case, the average distance traveled by the gas particles between collisions is greater than the size of the domain so that the interaction between gas particles is negligible, i.e., $\mathcal{C}=0$ in (1.1). A gas in such a low-density regime is called a Knudsen gas. The property of a Knudsen gas is that the Knudsen number, which is the ratio between the mean free path and the length scale related to the size of the domain, is high.

The particles follow the free-transport at a constant speed, i.e., $\mathcal{T}=v \cdot \nabla_{x}$, until they hit the boundary. After hitting the boundary, they get diffused and reflected according to some boundary conditions, i.e., (3.5). This equation is used as a model for the evolution of a gas enclosed in a vessel $\Omega \subseteq \mathbb{R}^{d}$. We refer to Ref. 62 for the well-posedness of this equation in the $L^{1}$ setting.

The lack of spectral gap for the kinetic free-transport equation [since there is no dissipative (collisional) part] makes the study of quantitative convergence rate a difficult problem, and the expected rate is slower than exponential (see, e.g., Ref. 63 for a numerical study). The relaxation to equilibrium depends on several factors, such as the boundary conditions and the shape and space dimension of the vessel. In Ref. 64, the authors proved rigorously the algebraic convergence rate considering the kinetic free-transport equation with diffuse reflection at the boundary, which is kept at a uniform, constant temperature. They also proved an exponential convergence rate when the density of molecules is monokinetic. This essentially excludes the "negative" effect of the slow particles on the equilibration. In Ref. 65, the authors considered the diffuse reflection at the boundary with a constant temperature and a bounded symmetric domain in $\mathbb{R}^{d}, d=\{1,2,3\}$. They showed that the solution converges to the global Maxwellian with a given temperature with the optimal convergence rate $(1+t)^{d}$. Later, in Ref. 66, the same authors improved this result by considering variable boundary temperature and obtained the same optimal decay rate. Then, in Ref. 67 , the author considered the equation in a spherical domain in $\mathbb{R}^{d}, d=\{1,2\}$, with Maxwell boundary conditions and obtained an algebraic convergence rate. In Ref. 27, the authors could remove the symmetry assumption on the domain. More precisely, they obtained a polynomial convergence rate for the free-transport equation in a $C^{2}$ bounded domain in $\mathbb{R}^{d}, d=\{2,3\}$, with Maxwell boundary conditions. Maxwell boundary conditions have a lesser thermalizing effect than the diffuse reflection, and this leads to slower convergence rates. More precisely, the constant before the convergence rate, e.g., $C$ in (1.2), is bigger, but the exponent of the polynomial convergence is unchanged. This comes from the fact that the specular reflection does not have any thermalizing effect and does not contribute toward the convergence to equilibrium. Moreover, most of the aforementioned results are obtained by using several probabilistic arguments. We also refer, e.g., to Ref. 68 where the authors studied the convergence equilibrium for the free-transport equation with diffuse boundary conditions using the Tauberian approach.

In this section, we consider either the Maxwell boundary conditions (3.8) or the Cercignani-Lampis boundary conditions (3.9) and state the main results of Refs. 15 and 69. In Ref. 15, the author used the subgeometric version of Harris's theorem (Theorem 2.6) to obtain the polynomial rate of convergence for the kinetic free-transport equation describing the evolution of a Knudsen gas in a vessel in $\mathbb{R}^{d}, d=\{2,3\}$, with the Maxwell boundary conditions. This result does not require a symmetry assumption on the domain, and it is extended to the case where the temperature varies at the boundary. In Ref. 69 , the same author gave first quantitative subgeometric convergence results on this equation, with the Cercignani-Lampis boundary conditions, and the result in Ref. 69 is optimal.

First, we define a map $\tilde{\tau}$, which gives the time of the first collision with the boundary for a particle starting from $z=(x, v) \in \Omega \times \mathcal{V}$ at time 0 ,

$$
\tilde{\tau}(x, v)= \begin{cases}\inf \{t>0, x+t v \in \partial \Omega\}, & (x, v) \in \partial_{-} \Sigma \cup \Sigma \\ 0, & (x, v) \in \partial_{+} \Sigma \cup \partial_{0} \Sigma\end{cases}
$$

where $\partial_{0} \Sigma:=\left\{z \in \partial \Omega \times \mathcal{V} \mid v \cdot n_{x}=0\right\}$.
The main results of Refs. 15 and 69 are given as follows.
Theorem 3.2. Suppose that $t \mapsto f_{t}$ is the solution to the free-transport equation $\partial_{t} f+v \cdot \nabla_{x} f=0$ with initial data $f_{0} \in \mathcal{P}_{\phi_{d}}(\Omega \times \mathcal{V})$, where $\Omega \subseteq \mathbb{R}^{d}$, with $d \in\{2,3\}, \Omega$ is a $C^{2}$ bounded domain and $\mathcal{V}=\mathbb{R}^{d}$. The equation is complemented with boundary conditions (3.5). We assume that $T_{w}(x): \partial \Omega \rightarrow \mathbb{R}_{+}$is a continuous function, positive on $\partial \Omega$ compact. We consider either of the following regimes as follows:
R1. Suppose that the kinetic free-transport equation is complemented with the Maxwell boundary conditions (3.8) and given any constants $\alpha_{0} \in(0,1)$ and $\alpha_{1} \in(0,1)$ such that

$$
\begin{array}{clrl}
\alpha(x) \geq \alpha_{0}, & & x \in \partial \Omega, \\
\left(1-\alpha_{1}\right)^{i} \geq\left(1-\alpha_{0}\right) & & \text { for } i \in\{1,2,3,4\},
\end{array}
$$

where $\alpha(x)$ is the accommodation coefficient in (3.8).
R2. Suppose that the kinetic free-transport equation is complemented with the Cercignani-Lampis boundary conditions (3.9) with $r_{\perp} \in(0,1)$ and $r_{\|} \in(0,2)$ and that there exist $T_{\min }, T_{\max }>0$ such that for all $x \in \partial \Omega$,

$$
0<T_{\min } \leq T_{w}(x) \leq T_{\max },
$$

where $T_{w}$ is the temperature of the boundary.

Then, there exists a unique equilibrium state $f_{\infty} \in \mathcal{P}_{\phi_{d}}(\Omega \times \mathcal{V})$ for $\boldsymbol{R} \mathbf{1}$ and $f_{\infty} \in \mathcal{P}_{\phi_{d, s}}(\Omega \times \mathcal{V})$ for $\boldsymbol{R} \mathbf{2}$, and there exist a positive constant $C$ and a function $\beta(t, d)$ for $d \in\{2,3\}$ such that

$$
\begin{equation*}
\left\|f_{t}-f_{\infty}\right\|_{1} \leq C \beta(t, d)\left\|f_{0}-f_{\infty}\right\|_{\phi_{d}}, \tag{3.19}
\end{equation*}
$$

where

$$
\begin{array}{ll}
\beta(t, d)=\frac{\log (1+t)^{d+1}}{(1+t)^{d+1}} & (\text { for } \mathbf{R} 1) \\
\beta(t, d)=\frac{1}{(1+t)^{d-\varepsilon}} & (\text { for R2) }
\end{array}
$$

and the weight function $\phi_{d}$ is given by

$$
\begin{aligned}
& \phi_{d}=\left(e^{2}+\frac{\operatorname{diam}(\Omega)}{\alpha_{1}|v|}-\tilde{\tau}(x,-v)\right)^{d} \log \left(e^{2}+\frac{\operatorname{diam}(\Omega)}{\alpha_{1}|v|}-\tilde{\tau}(x,-v)\right)^{-1.6 \frac{d}{d+1}} \\
& \phi_{d}=\phi_{d, \varepsilon}=(1+\tilde{\tau}(x, v)+\sqrt{|v|})^{d-\varepsilon}, \quad \varepsilon \in(0,1 / 2), \quad \text { and } \quad \phi_{d}=\phi_{d, 0} \quad \text { for all }(x, v) \in \bar{\Omega} \times \overline{\mathcal{V}}
\end{aligned} \quad \text { (for R1), }
$$

where $\operatorname{diam}(\Omega)$ is the diameter of $\Omega$ and $\bar{\Omega} \times \overline{\mathcal{V}}$ is the closure of the set $\Omega \times \mathcal{V}$. Moreover, the constant $C$ is a different one for each regime.
Idea of the Proof of Theorem 3.2. The proof uses Theorem 2.6 for both the regimes. We give the sketch of the proofs separately for the two regimes. For details, we refer to Refs. 15 and 69 for $\boldsymbol{R 1}$ and $\boldsymbol{R} \mathbf{2}$, respectively.

R1. First, we define a family of weight functions,

$$
\phi_{i}=\left(e^{2}+\frac{\operatorname{diam}(\Omega)}{\alpha_{1}|v|}-\tilde{\tau}(x,-v)\right)^{i} \log \left(e^{2}+\frac{\operatorname{diam}(\Omega)}{\alpha_{1}|v|}-\tilde{\tau}(x,-v)\right)^{-1.6 \frac{d}{d+1}}
$$

for $i \in \llbracket d-1, d+1 \rrbracket$, where $d \in\{2,3\}$, and define also $\phi_{0}$ such that $1 \leq \phi_{0} \leq \phi_{1} \leq \phi_{d+1}$.
To verify the sub-geometric minorization condition, we show that there exists $\tilde{R}>0$ such that for all $R>\tilde{R}$, there exist some time $\tau(R)>0$ (depending on $R$ ) and a non-negative measure $\eta \in \mathcal{M}(\Omega \times \mathcal{V})$ such that for all $z \in \Omega \times \mathcal{V}$,

$$
\begin{equation*}
S_{\tau} f_{0}(z):=f_{\tau}(z) \geq \eta(z) \int_{\left\{\tilde{\tau}\left(z^{\prime}\right) \leq R\right\}} f_{0}\left(z^{\prime}\right) \mathrm{d} z^{\prime} . \tag{3.20}
\end{equation*}
$$

This bound is proved by tracking the characteristics of the transport equation similar to Sec. III A 1.
For the weak Foster-Lyapunov condition, we first prove that for all $\tau>0$ and $f_{0} \in \mathcal{P}_{\phi_{d+1}}(\Omega \times \mathcal{V})$,

$$
\begin{equation*}
\left\|f_{\tau}\right\|_{\phi_{d+1}}+C \int_{0}^{\tau}\left\|f_{s}\right\|_{\phi_{d}} \mathrm{~d} s \leq\left\|f_{0}\right\|_{\phi_{d+1}}+\tilde{C}(1+\tau)\left\|f_{0}\right\|_{1}, \tag{3.21}
\end{equation*}
$$

by using the fact that $v \cdot \nabla_{x} \tilde{\tau}(z)=-1$ for all $z \in \Omega \times \mathcal{V}$. Then, by using (3.20), we obtain

$$
\left.\left\|\left|S_{\tau} f_{0}\left\|\left.\right|_{\phi_{d+1}} \leq\right\|\right| f_{0}\right\|\right|_{\phi_{d+1}}
$$

where for a fixed $\tau>0$ large enough $\left\|\left|\cdot\left\|\left.\right|_{\phi_{d+1}}:=\right\| \cdot\left\|_{1}+\gamma_{1}(\tau)\right\| \cdot\left\|_{\phi_{d+1}}+\gamma_{2}(\tau)\right\| \cdot \|_{\phi_{d}}\right.\right.$ for some $\gamma_{1}, \gamma_{2}>0$ depending on $\tau$. Using this repeatedly together with the inequality $\left\|\left|S_{\tau} f_{0}\| \|_{\phi_{1}}+\gamma_{3}\left\|f_{0}\right\|_{\phi_{0}} \leq\left\|\mid f_{0}\right\| \|_{\phi_{1}}\right.\right.$ for a well-chosen $\gamma_{3}>0$ and subtracting $f_{\infty}$ from both sides, we obtain (3.19). We would like to remark that the version of the weaker Foster-Lyapunov condition used in this section is rather an integrated version of the condition of Theorem 2.6.
R2. The proof is similar to the case of R1 except for two key points. We remark here only the differences, and we refer to Ref. 69 for details.
Similar to (3.21), we would like to obtain

$$
\left\|f_{\tau}\right\|_{\phi_{d+1-\varepsilon}}+C \int_{0}^{\tau}\left\|f_{s}\right\|_{\phi_{d-\varepsilon}} \mathrm{d} s \leq\left\|f_{0}\right\|_{\phi_{d+1-\varepsilon}}+\tilde{C}(1+\tau)\left\|f_{0}\right\|_{1}
$$

for $\varepsilon \in(0,1 / 2)$. In first regime $\boldsymbol{R 1}$, for the diffuse part of Maxwell boundary conditions, the outgoing velocities are independent of the incoming velocities; thus, the flux can be controlled uniformly. For Cercignani-Lampis boundary conditions, outgoing velocities depend on the incoming ones; this results in an integration only on some part of the boundary, and it is more difficult to adapt the weaker Foster-Lyapunov condition. Due to the hypotheses made on $r_{\perp}$ and $r_{\|}$, the norm of the velocity decreases on average at each collision with the boundary, and this is used in proving the weaker Foster-Lyapunov condition. On the other hand, the sub-geometric minorization condition is obtained by a direct adaptation of the method of characteristics used in Ref. 15 in regime R1 (also, e.g., in Ref. 70).

Remark 3. In Ref. 15, the author compared the result of $\boldsymbol{R 1}$ with the same initial value problem complemented with the absorbing boundary conditions, i.e., $\mathcal{R}_{\gamma_{+}}=0$ in (3.5). Note that in this case, the mass is not conserved and the equilibrium distribution is $f_{\infty}(z)=0$. The following convergence rates verify inequality (3.19):

$$
\begin{aligned}
& \beta(t, d)=\beta(t)=e^{-t} \text { when } \phi_{d}=e^{\tilde{\tau}(z)} \\
& \beta(t, d)=\beta(t)=(1+t)^{-\xi} \text { when } \phi_{d}=(1+\tilde{\tau}(z))^{\xi}, \xi>1 .
\end{aligned}
$$

Moreover, for $f_{0} \in \mathcal{P}(\Omega \times \mathcal{V})$ satisfying $f_{0} \mathbb{1}_{\{|v| \leq \delta\}}=0$ for some $\delta>0$, the convergence rate is exponential in the case with absorbing boundary conditions, whereas the rate is of order $d+1$ in the case with Maxwell boundary conditions.

## 3. The nonlinear BCK equation on an interval

In this section, we will look at a nonlinear BGK equation on an interval in dimension $d=1$ with diffuse boundary conditions, i.e., we couple the system with two heat reservoirs at different temperatures. We consider (1.1) in the phase space $\Omega \times \mathcal{V}=(0,1) \times \mathbb{R}$ with

$$
\begin{equation*}
\mathcal{T}[f]:=v \cdot \partial_{x} f \quad \text { and } \quad \mathcal{C}[f]:=\frac{1}{\kappa}\left(\rho_{f} M_{T_{f}}-f\right) \tag{3.22}
\end{equation*}
$$

where the density $\rho_{f}$ and the pressure $P_{f}$ are given by

$$
\rho_{f}(x):=\int_{\mathbb{R}} f \mathrm{~d} v \quad \text { and } \quad P_{f}(x):=\rho_{f}(x) T_{f}(x):=\int_{\mathbb{R}} v^{2} f \mathrm{~d} v,
$$

and $M_{T_{f}}$ is the Maxwellian velocity distribution with the temperature $T_{f} ; \kappa>0$ is the Knudsen number. Equations (1.1), (1.2), (2.1)-(2.6), and (3.1)-(3.22) are complemented with diffuse boundary conditions for $i \in\{0,1\}$,

$$
\begin{equation*}
f(t, i, v)=\tilde{R}_{i} M_{i}(v), \quad M_{i}=\frac{1}{T_{i}} e^{-\frac{v^{2}}{2 T_{i}}} \tag{3.23}
\end{equation*}
$$

where $M_{i}$ are the normalized Maxwellian velocity distributions at the boundaries, i.e., $\int_{0}^{\infty} v M_{i}(v) \mathrm{d} v=1$. Note that at $x=1$, we consider $\tilde{R}_{1}:=\tilde{R}_{+}$as defined in (3.7) and at $x=0$, we take $\tilde{R}_{0}:=\tilde{R}_{+}$, which is defined similarly to (3.7) where the integral is taken on the set $\{v<0\}$ instead of $\{v>0\}$, i.e., $n_{x}=1$ in (3.7).

In Ref. 71 , the authors studied this model and they showed the existence of non-equilibrium steady states induced by the boundary conditions by using Doeblin's theorem. Some previous works on this equation can be found in Refs. 32 and 72 and the references therein.

We also mention a numerical study ${ }^{73}$ where authors studied the stationary states of a rarefied gas between parallel plates with sinusoidal temperature distribution. They considered two types of boundary conditions, including the Cercignani-Lampis boundary conditions, and they provided a numerical study on the non-equilibrium steady states. Particularly, their experiments show that the steady states differ drastically depending on the accommodation coefficients in boundary conditions and the temperature distribution.

The main result of Ref. 71 is given as follows.
Theorem 3.3. Suppose that $t \mapsto f_{t}$ is the solution of nonlinear BGK equations [(1.1), (1.2), (2.1)-(2.6), and (3.1)-(3.22)] in the phase space $\Omega \times \mathcal{V}=(0,1) \times \mathbb{R}$ with the initial data $f_{0} \in \mathcal{P}((0,1) \times \mathbb{R})$. Then, for every fixed two temperatures $T_{1}, T_{2}$ satisfying
A1. $T_{1}>\alpha_{1} / \kappa^{2}$ and
A2. $\sqrt{T_{2}}-\sqrt{T_{1}} \geq \alpha_{2} \sqrt{\kappa} T_{2}^{1 / 4}$,
where $\alpha_{1}, \alpha_{2}>0$ are two positive constants and $\kappa>0$ is the Knudsen number given in the collision operator (3.22), there exists a nontrivial stationary state $f_{\infty} \geq 0$ of (1.1), (1.2), (2.1)-(2.6), and (3.1)-(3.22), and it has the following properties:
P1. The stationary state has a zero momentum uniformly in $x \in(0,1)$, i.e.,

$$
u_{\infty}(x)=\frac{1}{\rho_{f}(x)} \int_{\mathbb{R}} v f_{\infty} \mathrm{d} v=0 .
$$

P2. The density of the stationary state is constant, i.e., $\rho_{f}(x)=\rho_{f}$, and it satisfies for all $x \in(0,1)$ that

$$
1-C_{1} \sqrt{\kappa} T_{1}^{-1 / 4} \leq \rho_{f}(x) \leq 1+C_{2} \sqrt{\kappa} T_{1}^{-1 / 4} .
$$

P3. The stationary state has a constant pressure, i.e., $P_{f}(x)=P_{f}$, and it satisfies for all $x \in(0,1)$ that

$$
C_{3} \sqrt{T_{1} T_{2}} \leq P_{f}(x) \leq C_{4} \sqrt{T_{1} T_{2}} .
$$

P4. The temperature of the steady state $T_{f}$ satisfies for all $x \in(0,1)$ that

$$
C_{5} \sqrt{T_{1} T_{2}}\left(1-C_{2} \sqrt{\kappa} T_{1}^{-1 / 4}\right) \leq T_{f}(x) \leq C_{6} \sqrt{T_{1} T_{2}}\left(1+C_{1} \sqrt{\kappa} T_{1}^{-1 / 4}\right),
$$

where $C_{1}, C_{2}, C_{3}, C_{4}, C_{5}, C_{6}$ are positive constants.
Idea of the Proof of Theorem 3.3. We first look at the linear equation $\partial_{t} f+v \partial_{x} f=\rho(x) M_{T(x)}-f$ with the same diffuse boundary conditions for a given temperature profile $T(x)$ and show that this equation has a unique equilibrium state. This part uses Doeblin's theorem as the existence of a unique equilibrium is a by-product of the theorem.

By Duhamel's formula, we have for $x-v t \in(0,1)$ that

$$
\begin{equation*}
f_{t}(x, v)=e^{-t} f_{0}(x-v t, v)+\int_{0}^{t} e^{-(t-s)} \rho(x-v(t-s)) M_{T(x-v(t-s))}(v) \mathrm{d} s, \tag{3.24}
\end{equation*}
$$

and similarly, we obtain two more expressions at the boundaries considering $x-v t \leq 0$ at $x=0$ and $x-v t \geq 1$ at $x=1$. Combining these and defining $\mathcal{C}^{+}[f]:=\rho_{f}(x) M_{T(x)}(v)$, we obtain

$$
\begin{equation*}
f_{t}(x, v) \geq \int_{0}^{F} e^{-F(t, x, v)}\left(\mathcal{C}^{+} f\right)(s, x-v(F(t, x, v)-s), v) \mathrm{d} s \tag{3.25}
\end{equation*}
$$

where $F$ is defined as

$$
F(t, x, v)= \begin{cases}x / v & \text { for } x / v \leq t \\ t & \text { for } x / v>0, v>0 \\ t & \text { for } v=0 \\ t & \text { for }(1-x) /|v|>t, v<0 \\ (1-x) /|v| & \text { for }-(1-x) / v \leq t\end{cases}
$$

Then, we estimate $f_{t}$ at the boundaries by using the first expression on the right-hand side of (3.24), and using this, we look at the local density $\rho$ for $v_{0}<0$ and $v_{0}>0$. We have that $\rho(t, x)=\delta_{\left(x_{0}+v_{0} t\right)}(x)$ in the case where $x_{0}+v_{0} t \in(0,1)$. We consider $x-v t \in(0,1)$, and since

$$
M_{T(x)}(v) \geq \frac{1}{\sqrt{2 \pi T_{2}}} e^{-\frac{v^{2}}{2 T_{1}}} \geq \sqrt{\frac{T_{1}}{T_{2}}} M_{T_{1}}(v):=\gamma G(v)
$$

we can bound (3.24) as

$$
\begin{equation*}
f_{t}(x, v) \geq \gamma G(v) \int_{0}^{t} e^{-(t-s)} \rho(x-v(t-s)) \mathrm{d} s \tag{3.26}
\end{equation*}
$$

Now, we consider (3.26) in three different cases for the initial data $f_{0}(x, v)=\delta_{\left(x_{0}, v_{0}\right)}(x, v)$,

$$
\left\{\begin{array}{l}
v_{0}<0, \quad x_{0} \leq \varepsilon\left|v_{0}\right| \\
v_{0}>0, \quad\left(1-x_{0}\right) \leq \varepsilon v_{0} \\
\text { otherwise }
\end{array}\right.
$$

We first estimate $\rho(t, x)$ in these three cases separately and then substitute these estimates in (3.25). Each regime involves some computations, which can be found in the Proof of Lemma 13 in Ref. 71. Then, we obtain for a fixed $\varepsilon>0$, setting $\tau=2 \varepsilon$ that

$$
S_{\tau} f_{0}:=f_{\tau} \geq \beta \mathbb{1}_{\{x-2 v \varepsilon \in(\varepsilon, 1-\varepsilon)\}},
$$

where

$$
\beta=\gamma e^{-2 \varepsilon} \min \left\{\frac{\gamma \varepsilon}{2} G\left(\frac{2}{\varepsilon}\right), \frac{1}{T_{1}} e^{-\frac{1}{2 T_{1} \varepsilon^{2}}}, \frac{1}{T_{2}} e^{-\frac{1}{2 T_{2} \varepsilon^{2}}}\right\} .
$$

Thus, we verified Doeblin's condition, and by Doeblin's theorem, we obtain a unique stationary state for the linear equation.

The next step is to prove that this equilibrium state is also a stationary solution of the nonlinear equation. This is done by using Schauder's fixed point theorem. We define a map $\mathcal{F}: C((0,1)) \rightarrow C((0,1))$ given by

$$
\mathcal{F}(T)(x)=\frac{\int v^{2} f \mathrm{~d} v}{\int f \mathrm{~d} v}=\tilde{T}_{T}(x)
$$

which is a map between continuous functions on $(0,1)$ and $\tilde{T}_{T}$ is the temperature profile of the solution of the linear BGK equation with initial temperature profile $T$. Using the fact that
"if $T_{1} \leq T(x) \leq T_{2}$ for $T_{1}, T_{2}$ satisfying A2, then $T_{1} \leq \tilde{T}_{T}(x) \leq T_{2}$ and $\tilde{T}_{T}$ is $1 / 2-$ Hölder continuous,"
we show that $\mathcal{F}$ has a fixed point. This means that there exists a temperature profile $T_{0}$ such that $\tilde{T}_{T_{0}}(x)=T_{0}(x)$ for all $x$; thus, the equilibrium states of the linear and nonlinear models will be the same. For details, we refer to Ref. 71.

## 4. The linear Boltzmann equation

In this section, we are interested in the linear Boltzmann equation where the collision operator $\mathcal{C}$ in (1.1) is given by

$$
\begin{equation*}
\mathcal{C}[f]=Q(f, M):=\int_{\mathbb{R}^{d}} \int_{\mathbb{S}^{d-1}} B\left(\left|v-v_{*}\right|, \sigma\right)\left(f^{\prime} M\left(v_{*}^{\prime}\right)-f M\left(v_{*}\right)\right) \mathrm{d} \sigma \mathrm{~d} v_{*} \tag{3.27}
\end{equation*}
$$

and $M$ is the Maxwellian velocity distribution given by (3.4) and $B$ is the Boltzmann collision kernel given by (3.3) with $\gamma \geq 0$ and $\sigma \in \mathbb{S}^{d-1}$. The linear Boltzmann equation describes the interaction between gas particles scattering with the background medium, which is considered to be already in equilibrium. There is no self-interaction between the particles. It is used as a model for many systems, such as radiative transfer, cometary flow, dust particles, and neutron transport; see, e.g., Chap. 1 of Ref. 22 and the references therein. There are several ways of parameterizing the pre-and post-collisional velocities, and depending on which parameterization we consider, we can define the collision operator $\mathcal{C}$ differently. We will give some of them below since different representations will be used in different parts of the proofs later. More details on these representations can be found in, e.g., Ref. 22.
(i) $\boldsymbol{\sigma}$-representation. Under Grad's angular cut-off assumption, we can write the collision operator $\mathcal{C}$ as follows:

$$
\mathcal{C}[f]:=\mathcal{C}^{+}[f]-\Lambda_{\gamma}(v) f,
$$

where $\mathcal{C}^{+}$is given by

$$
\mathcal{C}^{+}[f]:=\int_{\mathbb{R}^{d}} \int_{\mathbb{S}^{d-1}}\left|v-v_{*}\right|^{y} b(\cos \theta) f^{\prime} M\left(v_{*}^{\prime}\right) \mathrm{d} \sigma \mathrm{~d} v_{*}
$$

and the collision frequency $\Lambda_{\gamma}$ is given by

$$
\Lambda_{\gamma}(v):=\int_{\mathbb{R}^{d}} \int_{\mathbb{S}^{d-1}}\left|v-v_{\star}\right|^{\gamma} b(\cos \theta) \mathrm{d} \sigma \mathrm{~d} v_{\star}=\int_{\mathbb{R}^{d}}\left|v-v_{\star}\right|^{\gamma} M\left(v_{\star}\right) \mathrm{d} v_{\star},
$$

with $\Lambda_{\gamma}(v) \geq 0$, and it satisfies, for all $v \in \mathbb{R}^{d}$, that

$$
0 \leq \Lambda_{\gamma}(v) \leq\left(1+|v|^{2}\right)^{\frac{v}{2}} .
$$

(ii) Carleman representation. Another representation is due to Carleman, and it consists in choosing the pre-collisional velocities as new variables $v^{\prime}$ and $v_{\star}^{\prime}$ from the set of admissible velocities. This means

$$
\begin{aligned}
\mathcal{C}^{+}[f] & =\int_{\mathbb{R}^{d}} \frac{f^{\prime}}{\left|v-v^{\prime}\right|^{d-1}} \int_{E_{\left(v, v^{\prime}\right)}} B(|u|, r) M\left(v_{\star}^{\prime}\right) \mathrm{d} v_{\star}^{\prime} \mathrm{d} v^{\prime} \\
& =\int_{\mathbb{R}^{d}} \frac{f^{\prime}}{\left|v-v^{\prime}\right|} \int_{E_{\left(v, v^{\prime}\right)}}\left|2 v-v^{\prime}-v_{\ngtr}^{\prime}\right|^{\gamma-d-2} M\left(v_{\star}^{\prime}\right) \mathrm{d} v_{\star}^{\prime} \mathrm{d} v^{\prime},
\end{aligned}
$$

where the hyperplane $E_{\left(v, v^{\prime}\right)}:=\left\{v_{\star}^{\prime} \in \mathbb{R}^{d} \mid\left(v-v^{\prime}\right) \cdot\left(v-v_{*}^{\prime}\right)=0\right\}$ is the set of admissible velocities. The second line comes from the identity $u:=v-v_{*}=2 v-v^{\prime}-v_{*}^{\prime}$ and the assumptions on $B$, which essentially mean that $B$ can be written as $B(|u|, r)=C|u|^{y} r^{d-2}$ where $r=\left|v-v^{\prime}\right| /|u|$.
(iii) $\boldsymbol{\omega}$-representation. We sometimes use the so-called $\omega$-representation for the collisions, which is given by

$$
v^{\prime}=v-(u \cdot \omega) \omega, \quad \text { and } \quad v_{*}^{\prime}=v_{*}-(u \cdot \omega) \omega .
$$

Then, we have the following relation: $\sigma=u /|u|-2(u /|u| \cdot \omega) \omega$. We re-write the Boltzmann collision kernel with this change of variables,

$$
\tilde{B}\left(\left|v-v_{*}\right|,|\tilde{r}|\right)=\left|v-v_{*}\right|^{\gamma} \tilde{b}(|\tilde{r}|), \quad \tilde{r}=u /|u| \cdot \omega .
$$

Note that $\tilde{B}$ and $\tilde{b}$ are different from $B$ and $b$ in the $\sigma$-representation.
Concerning the long-time behavior of the linear Boltzmann equation, convergence to equilibrium in weighted $L^{2}$ spaces can be shown following Refs. 21 and 61. A recent quantitative result that uses Harris-type theorems is Ref. 16. The main result of Ref. 16 is given as follows.

Theorem 3.4. Suppose that $t \mapsto f_{t}$ is the solution of the linear Boltzmann equations [(1.1), (1.2), (2.1)-(2.6), and (3.1)-(3.27)] with the initial data $f_{0} \in \mathcal{P}(\Omega \times \mathcal{V})$. We consider the Boltzmann collision kernel with (3.3) for some $\gamma \geq 0$, and assume that $b$ is integrable and uniformly positive on $[-1,1]$, i.e., there exists a positive constant $C_{b}$ such that $b(r) \geq C_{b}$ for all $r \in[-1,1]$. We consider either of the three regimes as follows:
R1. Suppose that $\Omega \times \mathcal{V}=\mathbb{T}^{d} \times \mathbb{R}^{d}$ (no confining potential, i.e., $\Phi=0$ ).
R2. Suppose that $\Omega \times \mathcal{V}=\mathbb{R}^{d} \times \mathbb{R}^{d}$ and that the confining potential $\Phi \in C^{2}\left(\mathbb{R}^{d}\right)$ satisfies that

$$
\begin{equation*}
x \cdot \nabla_{x} \Phi \geq \alpha(x\rangle^{\gamma+2}+\beta \Phi(x)-\eta \tag{3.28}
\end{equation*}
$$

for some positive constants $\alpha, \beta, \eta$.
Then, there exist positive constants $C, \lambda$, which are independent from $f_{0}$, such that

$$
\begin{equation*}
\left\|f_{t}-f_{\infty}\right\|_{\phi} \leq C e^{-\lambda t}\left\|f_{0}-f_{\infty}\right\|_{\phi} \tag{3.29}
\end{equation*}
$$

where $f_{\infty}(x, v)=M(v) e^{-\Phi(x)}$ is the only equilibrium state and the weight function $\phi=1+\varphi$, where $\varphi \in\left\{\varphi_{1}, \varphi_{2}\right\}$ is given by

$$
\begin{aligned}
\varphi_{1}(v) & =H(x, v) \\
\varphi_{2}(x, v) & =H(x, v)+|x|^{2}
\end{aligned}
$$

$$
(\text { for R1) }
$$

(for R2),
where $H(x, v):=\Phi(x)+|v|^{2} / 2$ is the total energy of the system.
R3. Suppose that $\Omega \times \mathcal{V}=\mathbb{R}^{d} \times \mathbb{R}^{d}$ and that the confining potential $\Phi \in C^{2}\left(\mathbb{R}^{d}\right)$ satisfies for $\xi \in(0,1)$ that

$$
x \cdot \nabla_{x} \Phi \geq \alpha\langle x\rangle^{1+\xi}+\beta \Phi(x)-\eta \quad \text { and } \quad \Phi \leq \delta\langle x\rangle^{1+\xi}
$$

for some positive constants $\alpha, \beta, \eta, \delta$.
Then, there exists a positive constant $C$ such that

$$
\begin{equation*}
\left\|f_{t}-f_{\infty}\right\|_{1} \leq \min \left\{\left\|f_{0}-f_{\infty}\right\|_{1}, C(1+t)^{-\xi}\left\|f_{0}\right\|_{\phi}\right\} \tag{3.30}
\end{equation*}
$$

where $f_{\infty}(x, v)=M(v) e^{-\Phi(x)}$ is the only equilibrium state and $\phi=1+H(x, v)+|x|$.
Proof. We start with the initial data $f_{0}(x, v)=\delta_{\left(x_{0}, v_{0}\right)}(x, v)$ satisfying $H\left(x_{0}, v_{0}\right) \leq E_{0}$ (H is the total energy or Hamiltonian) for some $E_{0}>0$; then, we can find a constant $C>0$ such that [similar to (3.15)]

$$
\begin{equation*}
f_{t} \geq e^{-C t} \int_{0}^{t} \int_{0}^{s} \mathcal{T}_{t-s} \mathcal{C}^{+} \mathcal{T}_{s-r} \mathcal{C}^{+} \mathcal{T}_{r}\left(\mathbb{1}_{E} f_{0}\right) \mathrm{d} r \mathrm{~d} s \tag{3.31}
\end{equation*}
$$

where $\mathcal{C}^{+} v:=\mathbb{1}_{E} \mathcal{C}^{+} v$ for all $v \in \mathcal{P}$ and the set $E:=\left\{(x, v) \in \Omega \times \mathcal{V} \mid H(x, v) \leq E_{0}\right\}$.

For the bound on the action of $\mathcal{C}^{+}$, for any $\beta, \tilde{\beta}>0$, we can find $\varepsilon>0$ such that for any probability measure $v \in \mathcal{P}\left(\mathbb{T}^{d} \times \mathbb{R}^{d}\right)$ and for any $v \in \mathbb{R}^{d}$ with $|v| \leq \tilde{\beta}$, the following holds:

$$
\begin{equation*}
\mathcal{C}^{+} v(x, v) \geq \varepsilon \int_{B(0, \beta)} v\left(x, v^{\prime}\right) \mathrm{d} v^{\prime} \tag{3.32}
\end{equation*}
$$

Now, using these two arguments, we give the idea of the proofs in three different regimes:
R1. Unlike the linear BGK equation in regime R1, here, on the torus, we cannot get a uniform lower bound since the equation exhibits less global behavior in $v$. However, combining the argument used in the proof of $\boldsymbol{R 1}$ for the linear BGK equation and (3.32), we show that the minorization condition holds on the bounded sets in $|v|$.

The Foster-Lyapunov condition holds with $\phi(v)=|v|^{2}$. To see that, we look at the actions of the operators $\mathcal{T}$ and $\mathcal{C}$ on $|v|^{2}$ together. Note that the transport part plays no role, i.e., $\int \mathcal{T}[f]|v|^{2} \mathrm{~d} z=0$. For the collision part, we use the $\omega$-representation of the velocities and check the action of the operator with this formulation on $|v|^{2}$ and obtain the result.
$\boldsymbol{R 2}$. The minorization condition in this case is very similar to regime $\boldsymbol{R} \mathbf{2}$ of the linear BGK equation, and it is obtained by using (3.31), (3.32), and (3.18).

For the Foster-Lyapunov condition, we look for a functional of the form (with $\alpha, \beta>0$ )

$$
\phi(x, v)=H(x, v)+\alpha x \cdot v+\beta|x|^{2}
$$

and we want to show that for appropriate choices of $\alpha$ and $\beta, \phi$ satisfies (2.3) for some $\zeta, D>0$. Note that $\mathcal{L}^{*}=\mathcal{C}^{*}-\mathcal{T}^{*}$ in this case (where the linear Boltzmann equation is written as $\partial_{t} f=\mathcal{L}[f]$ ). We look at the actions of these operators individually on each term of $\phi$, i.e., we can show for appropriate positive constants $\alpha_{1}, \alpha_{2}$ that

$$
\begin{aligned}
\mathcal{C}^{*}(\Phi(x)) & =0, & \mathcal{C}^{*}\left(|v|^{2}\right) \leq-\alpha_{1}\langle v\rangle^{\gamma+2}+\alpha_{2}, & & \mathcal{C}^{*}(x \cdot v) \leq\langle v\rangle^{\gamma+1} x \\
\mathcal{T}^{*}(H(x, v)) & =0, & \mathcal{T}^{*}\left(|x|^{2}\right)=2 x \cdot v, & & \mathcal{T}^{*}(x \cdot v)=-x \cdot \nabla_{x} \Phi(x)+|v|^{2} .
\end{aligned}
$$

Combining all these, we see that $\phi$ satisfies (2.3). Then, the result follows from Theorem 2.5
R3. The sub-geometric minorization condition is the same as $\boldsymbol{R 2}$ above.
For the weaker Foster-Lyapunov condition, we have to pay more attention to how $\mathcal{C}$ acts on the $x \cdot v$ moment since the confining potential is not strong enough to verify the Foster-Lyapunov condition. We can find $\alpha, \beta>0,4 \alpha^{2}<\beta$ such that $\left(\mathcal{C}^{*}-\mathcal{T}^{*}\right) \phi$ $\leq-\zeta V(\phi)+D$ is satisfied with

$$
\phi(x, v)=H(x, v)+\alpha \frac{x \cdot v}{\langle x\rangle}+\beta\langle x\rangle \quad \text { and } \quad V(s)=1+s^{\frac{\xi}{1+\xi}} .
$$

This verifies the Foster-Lyapunov condition. Thus, Theorem 2.6 gives the result.

## 5. The linear degenerate Boltzmann equation

In this section, we consider the linear degenerate Boltzmann equation, i.e., the collision operator $\mathcal{C}$ in (1.1) takes the form

$$
\begin{equation*}
\mathcal{C}[f]=\sigma(x) \int_{V}\left(B\left(v, v^{\prime}\right) f^{\prime}-B\left(v^{\prime}, v\right) f\right) \mathrm{d} v^{\prime} \tag{3.33}
\end{equation*}
$$

where $B$ is the scattering kernel and $\sigma \in L^{\infty}(\Omega)$ is a non-negative function. This equation is used as a model for a radiative transfer system where, depending on the scattering kernel $B$, the energy is distributed differently among different parts of the domain. The equilibrium state of (1.1) with (3.33) is given by

$$
\begin{equation*}
f_{\infty}(x, v)=\frac{1}{Z} e^{-\Phi(x)} \tag{3.34}
\end{equation*}
$$

where $Z=|\mathcal{V}| \int_{\Omega} e^{-\Phi(x)} \mathrm{d} x$ (the volume of the set $\mathcal{V}$ is denoted by $\left.|\mathcal{V}|\right)$ if $B\left(v, v^{\prime}\right)=1 /|\mathcal{V}|$ or $Z=M(v) \int_{\Omega} e^{-\Phi(x)} \mathrm{d} x$, where $M(v)$ is the normalized Maxwellian (3.4).

The so-called non-degenerate case (where $\sigma>0$ ) is well-studied using different hypocoercivity tools. Note that if we consider $\sigma=1$ and $B$ is a diffusive scattering kernel given by a Maxwellian velocity distribution, then we recover the linear relaxation Boltzmann (or the linear BGK) equation (3.10) and the convergence to equilibrium for this case was the subject of Sec. III A 1.

In the degenerate case (where $\sigma \geq 0$ ), the convergence to equilibrium depends on the phase space $\Omega \times \mathcal{V}$ and on the geometry of the set $\{\sigma=0\}$. This makes the study more delicate. It was shown that if the support of $\sigma$ satisfies a condition called Geometric Control Condition (GCC), then it is possible to show exponential convergence to the equilibrium (see Refs. 23, 24, and 74 and the references therein for a more detailed discussion). The inspiration for using this type of condition in the context of the Boltzmann-type equations comes from earlier results in the study of controllability and stabilization properties of hyperbolic PDEs, particularly the wave equation.

In this section, we look at the main result of Ref. 75 where the authors gave the first quantitative exponential convergence rates by using Doeblin's theorem for the degenerate linear Boltzmann equation when $x \in \Omega=\mathbb{T}^{d}$.

Theorem 3.5. Suppose that $t \mapsto f_{t}$ is the solution of the linear degenerate Boltzmann equations [(1.1), (1.2), (2.1)-(2.6), and (3.1)-(3.33)] with the initial data $f_{0} \in \mathcal{P}\left(\mathbb{T}^{d} \times \mathcal{V}\right)$. We consider either of the two regimes as follows:
R1. Suppose that $\Omega \times \mathcal{V}=\mathbb{T}^{d} \times \mathcal{V}$, where $\mathcal{V} \subseteq \mathbb{R}^{d}$ is a bounded, open set, $\Phi=0$, and the following two conditions are satisfied:
A1. There exists $\gamma>0$ such that $B\left(v, v^{\prime}\right) \geq \frac{\gamma}{|| | ~ f o r ~ a l l ~} v, v^{\prime} \in \mathcal{V}$.
A2. Let $\sigma \in C^{0}\left(\mathbb{T}^{d}\right)$, and there exist two constants $T=T(\sigma)>0$ (depending on $\sigma$ ), $\kappa>0$ such that

$$
\inf _{(x, v) \in \mathbb{T}^{d} \times \nu} \int_{0}^{T} \sigma(x+v t) \mathrm{d} t \geq \kappa \quad(\operatorname{GCC} 1) .
$$

R2. Suppose that $\Omega \times \mathcal{V}=\mathbb{T}^{d} \times \mathbb{R}^{d}, \Phi \in C^{2}\left(\mathbb{T}^{d}\right)$, and the following two conditions are satisfied:
A1. There exists a strictly positive decreasing function $b$ such that $B\left(v, v^{\prime}\right) \geq b(|v|)$ for all $v, v^{\prime} \in \mathbb{R}^{d}$.
A2. Let $\sigma \in C^{0}\left(\mathbb{T}^{d}\right)$, and there exist two constants $T=T(\sigma, \Phi)>0$ (depending on $\sigma$ and $\left.\Phi\right), \kappa>0$ such that

$$
\inf _{(x, v) \in \mathbb{T}^{d} \times \mathbb{R}^{d}} \int_{0}^{T} \sigma\left(X_{t}(x, v)\right) \mathrm{d} t \geq \kappa \quad(\text { GCC } 2),
$$

where $\left[X_{t}(x, v), V_{t}(x, v)\right]$ solves (3.16) for any $(x, v) \in \mathbb{T}^{d} \times \mathbb{R}^{d}$.
Then, there exist positive constants $C, \lambda$ such that

$$
\begin{equation*}
\left\|f_{t}-f_{\infty}\right\|_{1} \leq C e^{-\lambda t}\left\|f_{0}-f_{\infty}\right\|_{1} \tag{3.35}
\end{equation*}
$$

where $f_{\infty}$ is the only equilibrium state given by (3.34).
Idea of the Proof of Theorem 3.5. The proof uses Doeblin's theorem. Doeblin's condition means that we quantify the effect of the transport operator on the phase space, which satisfies specific assumptions, i.e., GCC, on its geometry. We present the sketch of the proof in the two regimes together.

Starting from an arbitrary point with $\left(x_{0}, v_{0}\right) \in \mathbb{T}^{d} \times \mathcal{V}$ in both regimes, it is possible to find some time $t^{*}>0$ and a constant $\beta \in(0,1)$ such that

$$
\begin{equation*}
\inf _{x \in \mathbb{T}^{d}} \int_{\mathcal{V}} \mathcal{T}_{t}\left(\delta_{x_{0}}(x) B(v, \cdot)\right) \mathrm{d} v \geq \frac{\beta}{\left|\mathbb{T}^{d}\right|} \tag{3.36}
\end{equation*}
$$

is satisfied for all $t \geq t^{*}$ in the case of $\boldsymbol{R} \mathbf{1}$ and for $t \in\left[t^{*}, t^{*}+T\right]$ in the case of $\boldsymbol{R} \mathbf{2}$ [where $T$ comes from (GCC 2)]. In the latter case, the argument is iterated by using the estimate for short time after considering transport for a long time, i.e., allowing jumps from a high velocity to other high velocities.

More precisely, if we take

- $t^{*}=r_{0} / 2$ and $\beta=\gamma\left(r_{0} / 2\right)^{d}\left(r_{0}\right.$ is such that $\left.B\left(v^{\prime}, v\right) \geq \gamma^{\mathbb{1}}\left\{v \in B\left(v_{0}, r_{0}\right)\right\}\right)$ for $\boldsymbol{R 1}$ and
- $t^{*}=1 / 2$ and $\beta=e^{-C\left(\|\nabla \Phi\|_{\infty}, T\right)} \int_{\mathbb{T}^{d}} e^{-\Phi(x)} \mathrm{d} x$ for $\boldsymbol{R} \mathbf{2}$,
then we see that (3.36) is verified. Note that $C\left(\left\|\nabla_{x} \Phi\right\|_{\infty}, \operatorname{Hess} \Phi, b, T\right)$ is a positive constant depending on $\left\|\nabla_{x} \Phi\right\|_{\infty}, \operatorname{Hess} \Phi, b$ and $T$.
We take $f_{0} \in \mathcal{P}\left(\mathbb{T}^{d} \times \mathcal{V}\right)$, and we would like to find a positive lower bound for the solutions for $f_{t}$ at time $t \geq \tau$. Similar to (3.15), for the solutions of the degenerate linear Boltzmann equation, we have

$$
f_{t} \geq e^{-t\|\sigma\|_{\infty}} \int_{0}^{t} \int_{0}^{s} \mathcal{T}_{t-s m_{\sigma} \mathcal{C}^{+}} \mathcal{T}_{s-r} m_{\sigma} \mathcal{C}^{+} \mathcal{T}_{r} f_{0} \mathrm{~d} r \mathrm{~d} s
$$

where $m_{\sigma} \mu:=\sigma(x) \mu$ and $\mathcal{C}^{+} \mu=\int_{\nu} B\left(v, v^{\prime}\right) \mu(\mathrm{d} v)$ for any $\mu \in \mathcal{P}$. Combining this with (3.36), we obtain for $t \geq t^{*}+2 T$,

$$
f_{t} \geq \beta \kappa^{2} e^{-t\|\sigma\|_{\infty}} v \quad \text { for all } v \in \mathcal{P}
$$

Therefore, Doeblin's condition is verified with $\tau=t^{*}+2 T$ and $\alpha=\beta \kappa^{2} e^{-t\|\sigma\|_{\infty}}$. This concludes the proof.

Remark 4. We can compute $C, \lambda$ in (3.35) explicitly following Theorem 2.4. In this case,

$$
C=\frac{1}{1-\beta \kappa^{2} e^{-\tau\|\sigma\|_{\infty}}} \quad \text { and } \quad \lambda=-\frac{\log \left(1-\beta \kappa^{2} e^{-\tau\|\sigma\|_{\infty}}\right)}{\tau} .
$$

## 6. The linear kinetic Fokker-Planck equation

In this section, we consider the kinetic Fokker-Planck equation with the general force term, and it is given by (1.1) where the collision operator $\mathcal{C}$ is defined as

$$
\begin{equation*}
\mathcal{C}[f]=\nabla_{v} \cdot\left(\nabla_{v} f+\nabla_{v} \Psi(v) f\right)=\Delta_{v} f+\nabla_{v} \cdot\left(\nabla_{v} \Psi(v) f\right), \tag{3.37}
\end{equation*}
$$

where the confining potential $\Phi$ and the friction term $\Psi$ satisfy

$$
\begin{equation*}
\Phi(x)=\frac{\langle x\rangle^{\gamma}}{\gamma} \quad \text { and } \quad \Psi(v)=\frac{\langle v\rangle^{\beta}}{\beta}, \quad \beta \geq 2 . \tag{3.38}
\end{equation*}
$$

We consider the phase space $\Omega \times \mathcal{V}=\mathbb{R}^{d} \times \mathbb{R}^{d}$. When $\beta=2$, the resulting equation is known as the classical kinetic Fokker-Planck equation whose global equilibrium state is given by the so-called Gibbs distribution,

$$
\begin{equation*}
f_{\infty}(x, v)=Z^{-1} e^{-\Phi(x)-\frac{|v|^{2}}{2}}, \quad Z=\int e^{-\Phi(x)-\frac{|v|^{2}}{2}} \mathrm{~d} z \tag{3.39}
\end{equation*}
$$

In the classical case $(\beta=2)$ when $\gamma \geq 1$, the exponential convergence toward the global equilibrium (3.39) is well-known; see, e.g., Refs. 2, 3, and 76 and the references therein. Moreover, the well-posedness of the Cauchy problem is implied by the hypoelliptic nature of the equation; see Ref. 2 and the references therein.

For weaker confining potentials, i.e., when $\gamma \in(0,1)$, there is no spectral gap, and the convergence is sub-geometric. In Refs. 4 and 36 , the authors proved, respectively, that the convergence rates are polynomial and subgeometric in the weighted total variation norms. They used probabilistic arguments, including Harris-type theorems. Particularly, in Ref. 4, the authors showed how Harris-type arguments can be useful to obtain Poincaré inequalities for the kinetic Fokker-Planck equation for $\gamma \geq 1$. It is known that in this case, the classical Poincaré inequality does not hold.

In Ref. 17, the author generalized the previous results and provided the first quantitative algebraic rate in the case where $\gamma \in(0,1)$ and $\beta=2$ by using classical hypocoercivity methods. Moreover, in a later work, ${ }^{18}$ the author considered the kinetic Fokker-Planck equation with general force term, i.e., (1.1) with (3.37) with $\beta \geq 2$ and $\gamma \geq 1$, and showed the exponential convergence to a unique equilibrium in a quantitative manner by using Harris-type arguments.

Finally, we also mention ${ }^{77}$ where the author used Harris-type approaches to show the existence of a stationary solution and convergence toward it for the fractional Fokker-Planck equation.

In this section, we present the main results of Refs. 17 and 18 in the following theorem:
Theorem 3.6. Suppose that $t \mapsto f_{t}$ is the solution of the kinetic Fokker-Planck equations [(1.1), (1.2), (2.1)-(2.6), and (3.1)-(3.37)] with the initial data $f_{0} \in \mathcal{P}_{\phi_{2}}^{p}\left(\mathbb{R}^{d} \times \mathbb{R}^{d}\right)$ with $p \in[1,+\infty)$. We consider either of the three regimes as follows:
R1. Suppose that $\beta=2$ and $\gamma \in(0,1)$ in (3.38).
R2. Suppose that $\beta \geq 2$ and $\gamma \geq 1$ in (3.38).
Then, there exist positive constants $C, \lambda$, which are independent of $f_{0}$, such that

$$
\begin{equation*}
\left\|f_{t}-f_{\infty}\right\|_{L_{\phi_{1}}^{p}} \leq C e^{-\lambda \alpha(t)}\left\|f_{0}-f_{\infty}\right\|_{L_{\phi_{2}}^{p}} \tag{3.40}
\end{equation*}
$$

where $f_{\infty}$, given by (3.39), is the only equilibrium state, and for small constants $\varepsilon, \delta>0$, the weight functions $\phi_{1}, \phi_{2}$, which are independent of $f_{0}$, are given by

$$
\begin{gather*}
\phi_{1}(z)=f_{\infty}(z)^{-\frac{p-1}{p}}, \quad \phi_{2}(z)=f_{\infty}(z)^{-\frac{p-1}{p}-\delta}, \quad \alpha(t)=t^{\xi},  \tag{forR1}\\
\phi_{1}(z)=\phi_{2}(z)=e^{\chi \varphi(z)}, \quad \varphi(z)=|v|^{2}+\Phi(x)+\varepsilon v \cdot \nabla_{x}\langle x\rangle, \quad \alpha(t)=t, \tag{forR2}
\end{gather*}
$$

with $\chi>0$ and $\xi \in(0, \gamma /(2-\gamma))$.
R3. Suppose that $\beta=2$ and $\gamma \in(0,1)$ in (3.38). Then, for all $f_{0} \in \mathcal{P}_{\phi}\left(\mathbb{R}^{d} \times \mathbb{R}^{d}\right)$, there exists a positive constant $C>0$, and for $k \geq 1$, we have

$$
\left\|f_{t}-f_{\infty}\right\|_{1} \leq C(1+t)^{-\frac{k}{1--x^{2}} \|}\left\|f_{0}-f_{\infty}\right\|_{\phi}
$$

where $\phi(z)=(1+\varphi(z))^{k}$ with $\varphi(x, v)=|x|^{2}+|v|^{2}$.
Idea of the Proof of Theorem 3.6. We only give the idea of the proof for regime R2 as this is the only part that uses Harris-type arguments. Regimes R1 and R3 use classical hypocoercivity approaches. We refer to Ref. 17 for their proofs.

R2. The proof uses Theorem 2.5. We write the kinetic Fokker-Planck equation as $\partial_{t} f=\mathcal{L}[f]=(\mathcal{C}-\mathcal{T})[f]$, where $\mathcal{C}$ is given by (3.37). Then, the Foster-Lyapunov condition is verified with $\phi(z):=e^{\chi \varphi(z)}$ for $\beta>0$ and $\varphi(z)=|v|^{2}+\Phi(x)+\varepsilon v \cdot \nabla_{x}\langle x\rangle$,

$$
\mathcal{L}^{*} \phi(z) \leq-\zeta h(z) \phi(x)+D,
$$

where $h(z)=\langle v\rangle^{\beta}+\langle x\rangle^{\gamma-1}+1$. Here, we proved inequality (2.3), which uses $\mathcal{L}^{*}$, the formal adjoint of $\mathcal{L}$.
The minorization condition is verified by tracking the characteristics of the flow of the equation as in Secs. III A 1, III A 2, and III A 4. It is done in a couple of steps. First, we prove that the solutions at an initial point $\left(x_{0}, v_{0}\right) \in \Omega \times \mathcal{V}$ remain bounded from below by a constant. Then, by some regularity estimates, we prove that the solutions are locally continuous. This enables us to extend the lower bound to a small ball from any initial point. Then, we prove the minorization condition by iterating this and applying Duhamel's formula. The details can be found in Theorem 5.2 of Ref. 18.

## B. Kinetic equations arising in mathematical biology

Harris-type theorems have been successfully used in the study of quantitative convergence to equilibrium for several macroscopic equations arising in mathematical biology, particularly in structured population dynamics. Some important examples are the renewal equation, ${ }^{13}$ structured neuron population models,,${ }^{12,78-80}$ and the growth fragmentation equation. ${ }^{11}$ However, applications of these theorems on the mesoscopic models, so-called kinetic equations, in the context of biology are more recent.

Kinetic equations obtained in the mean-field limit of the agent-level interactions in applied sciences differ from the kinetic equations arising in mathematical physics in some aspects. The former often do not have explicit stationary states, whereas, for a large class of kinetic equations in physics, the equilibrium state is given by a Gibbs (or in some cases Maxwellian) distribution. Hence, they can be written down explicitly. Classical hypocoercivity techniques often require obtaining Poincaré inequalities in the norms, which are the inverse of the invariant measure, i.e., equilibrium, and this creates complications when the equilibrium is not known explicitly. For a more detailed discussion, we refer to Motivation and aim in Sec. I.

Another difference is that for the kinetic equations arising in applied sciences, the confinement mechanism is not induced via an external force field. It comes from the internal dynamics. This will be made more precise in Sec. III B 1. Since the classical hypocoercivity methods are developed for confinement mechanisms coming from a confining potential, sometimes they give restrictive results on kinetic models used outside the gas theory.

In this section, we give two examples of how Harris-type theorems can be used efficiently for obtaining quantitative convergence results under relaxed assumptions and allow for generalizations of the previous results, which are based on classical hypocoercivity/general relative entropy techniques. Namely, we consider the run and tumble equation and the kinetic FitzHugh-Nagumo equation.

## 1. The run and tumble equation

The run and tumble equation is a kinetic-transport equation, which describes the movement of bacteria under the effect of a chemotactic substance. The movement of bacteria is a combination of a transport with a constant speed along the gradient of the chemoattractant, called run, and a random change in the orientation toward the chemoattractant-dense regions, called tumble. The model is introduced in Refs. 81 and 82 based on some experiments done on a bacterium called $E$. coli. The operators $\mathcal{T}$ and $\mathcal{C}$ in (1.1) are given by

$$
\begin{align*}
\mathcal{T}[f](t, z) & =v \cdot \nabla_{x} f(t, z), \\
\mathcal{C}[f](t, z) & =\int_{\nu} \lambda\left(v^{\prime} \cdot \nabla_{x} M(x)\right) \kappa\left(v, v^{\prime}\right) f^{\prime} \mathrm{d} v^{\prime}-\lambda\left(v \cdot \nabla_{x} M(x)\right), \tag{3.41}
\end{align*}
$$

where $f:=f(t, x, v) \geq 0$ [respectively, $\left.f^{\prime}:=f\left(t, x, v^{\prime}\right)\right]$ is the probability density of finding bacteria at time $t \geq 0$, at the position $x \in \mathbb{R}^{d}$, moving with a velocity $v \in \mathcal{V} \in \mathbb{R}^{d}$, where $\mathcal{V}$ is a ball centered at the origin with a radius $R_{0}$, i.e., $\mathcal{V}=B\left(0, R_{0}\right)$, such that $|\mathcal{V}|=1$. Here, $v$ and $v^{\prime}$ denote the pre- and post-tumbling velocities, respectively. In the definition of the operator $\mathcal{C}, \lambda: \mathbb{R} \rightarrow[0,+\infty)$ is called the tumbling rate. We define the external signal $M(x)$ in terms of the chemoattractant concentration $S(x): M(x)=\log (S(x))$. The tumbling kernel $\kappa\left(v, v^{\prime}\right)$ gives the probability distribution of moving from velocity $v$ to velocity $v^{\prime}$ so that it satisfies that $\int_{\mathcal{V}} \kappa\left(v, v^{\prime}\right) \mathrm{d} v^{\prime}=1$. For existence results on the run and tumble equation, we refer to Ref. 83 and the references therein.

In Ref. 84, the authors showed the existence of a nontrivial stationary state for this equation and exponential convergence toward it when $\Omega=\mathbb{R}^{d}$. They assumed that the chemoattractant density function $S(x)$ is radially symmetric. This assumption essentially reduces the result to dimension $d=1$.

A recent quantitative result concerning the hypocoercivity of this equation using Harris's theorem can be found in Ref. 85 where the authors could remove the radial symmetry assumption on $S(x)$ of Ref. 84 .

The main result of Ref. 85 is given as follows.
Theorem 3.7. Suppose that $t \mapsto f_{t}$ is the solution of the run and tumble equation [(1.1), (1.2), (2.1)-(2.6), and (3.1)-(3.41)] with the initial data $f_{0} \in \mathcal{P}\left(\mathbb{R}^{d} \times \mathcal{V}\right)$. Suppose further that the following hypotheses hold:
A1. The tumbling kernel is uniform, i.e., $\kappa \equiv 1$.
A2. The tumbling rate $\lambda: \mathbb{R} \rightarrow[0,+\infty)$ is given by $\lambda(m)=1-\chi \psi(m)$, where $\chi \in(0,1)$ is the chemotactic sensitivity and $\psi$ is either $\psi(m)$ $=\operatorname{sign}(m)$ or it is a bounded, odd, and increasing function with $\|\psi\|_{\infty} \leq 1$. Suppose also that $\psi(m) m$ is differentiable.
A3. There exist $R \geq 0$ and $\tilde{C}>0$ such that whenever $|x|>R,\left|\nabla_{x} M(x)\right| \geq \tilde{C}$. Moreover $\left|\nabla_{x} M\right|, \operatorname{Hess}(M)$ are bounded and

$$
\lim _{|x| \rightarrow \infty} M(x)=-\infty, \quad \lim _{|x| \rightarrow \infty} \operatorname{Hess}(M)(x)=0
$$

A4. There exist a positive constant $\tilde{\lambda}\left(\psi,\left\|\nabla_{x} M\right\|_{\infty}\right)$ (depending on $\psi$ and $\left.\left\|\nabla_{x} M\right\|_{\infty}\right)$ and a positive integer $k(\psi)$ (depending on $\psi$ ) such that

$$
\begin{equation*}
\int_{\mathcal{V}} \psi\left(m^{\prime}\right) m^{\prime} \mathrm{d} v^{\prime} \geq \tilde{\lambda}\left(\psi,\left\|\nabla_{x} M\right\|_{\infty}\right)\left|\nabla_{x} M(x)\right|^{k} \tag{3.42}
\end{equation*}
$$

where $m^{\prime}=v^{\prime} \cdot \nabla_{x} M(x)$.
Then, the run and tumble equation admits a unique stationary state, $f_{\infty}$, and there exist positive constants $C, \Lambda$, which are independent from $f_{0}$, such that for all $t \geq 0$,

$$
\begin{equation*}
\left\|f_{t}-f_{\infty}\right\|_{\phi} \leq C e^{-\Lambda t}\left\|f_{0}-f_{\infty}\right\|_{\phi}, \tag{3.43}
\end{equation*}
$$

where

$$
\begin{equation*}
\phi(x, v)=(1-\gamma m-\beta \gamma \psi(m) m) e^{-\gamma M(x)} \tag{3.44}
\end{equation*}
$$

with $m=v \cdot \nabla_{x} M(x)$, and $\gamma, \beta$ are positive constants, which can be computed explicitly. Moreover, suppose that the following holds:
A4. There exist positive constants $C_{1}, C_{2}, \alpha$ such that

$$
C_{1}-\alpha\langle x\rangle \leq M(x) \leq C_{2}-\alpha\langle x\rangle,
$$

where $\langle x\rangle=\sqrt{1+|x|^{2}}$.
Then, contraction (3.43) holds (for different positive constants $C$ and $\lambda$ ) with an exponential weight function given by

$$
\phi(x)=e^{\omega\langle x\rangle}
$$

where $\omega$ is a negative constant.
Idea of the Proof of Theorem 3.7. The proof uses Harris's theorem. The Foster-Lyapunov condition is satisfied with the weight function (3.44) and with the constants

$$
\beta=\frac{\chi}{1+\chi}, \quad \gamma \leq \min \left\{\frac{\tilde{\lambda} \chi(1-\chi) \xi}{8(1+\chi)}, \frac{1+\chi}{2(2+\chi) R_{0}\left\|\nabla_{x} M\right\|_{\infty}}\right\}, \quad \text { with } \quad \xi:= \begin{cases}\tilde{C}^{k-2} & \text { if } k<2, \\ 1 & \text { if } k=2 \\ \left\|\nabla_{x} M\right\|_{\infty}^{k-2} & \text { if } k>2 .\end{cases}
$$

All the constants appearing above are coming from the hypotheses. The computations can be found in Sec. 2.1 of Ref. 85 , but here, we discuss how to get an intuition about the shape of the weight function (3.44).

We expect that Lyapunov functional will have exponential tails if we would like to have an exponential decay to equilibrium. We also note that the confinement terms are bounded in (3.41). Therefore, we choose a function of $M$, which is $e^{-\gamma M}$, and it behaves like our guess. Then, we look for a weight function, which is closely related to $e^{-\gamma M}$. We repeatedly differentiate $\int_{\mathbb{R}^{d} \times \nu} f(t, z) \mathrm{d} z$ along the flow of the equation, which we re-write as $\partial_{t} f=\mathcal{L} f$. This means that we apply the formal adjoint $\mathcal{L}^{*}$, of $\mathcal{L}$, to the terms of the function $\phi$ until there is a term that does not change sign. Then, the precise form of (3.44) is found by combining $e^{-\gamma M}$ and the terms appearing in the derivatives of $\int_{\mathbb{R}^{d} \times \nu} f(t, z) \mathrm{d} z$.

To verify the minorization condition, we first consider the transport equation $\partial_{t} f+v \cdot \nabla_{x} f+\lambda(x, v) f=0$ and the jump operator $\mathcal{J}[f]=\int_{\nu} \lambda^{\prime} f^{\prime} \mathrm{d} v^{\prime}$ where $\lambda^{\prime}:=\lambda\left(v \cdot \nabla_{x} M(x)\right)$. We write the solution to the transport part by the method of characteristics. Then, we apply iteratively the transport and the jump operators to the Dirac measure initial data $f_{0}(x, v)=\delta_{\left(x_{0}, v_{0}\right)}(x, v)$, where $\left(x_{0}, v_{0}\right) \in \mathbb{R}^{d} \times \mathcal{V}$, and give a lower bound for the solution of the full equation by re-writing it using Duhamel's formula. After each jump, we integrate the transported measure in $\mathcal{V}$. Finally, we obtain the minorization condition by choosing $\tau=3+\tilde{R} / R_{0}$ for all $x_{0} \in B(0, \tilde{R})$ with an explicit bound depending on $\tilde{R}, R_{0}, \chi$ and independently of the initial data. Since the underlying semigroup is Markov, we extend the initial data to any probability measure. Having these two conditions satisfied, Theorem 2.5 gives the result.

In order to show the contraction in the norm with an exponential weight, we use that fact that the conditions on $\gamma$ are enough to obtain the inequality $e^{-\gamma M} \leq 2 \phi$, where $\phi$ is given by (3.44). Combining this with the bound on $M$, we can find a constant $\omega<0$ such that contraction (3.43) holds in the weighted total variation norm with the weight $e^{\omega\langle x\rangle}$.

As in the case above, when $S$ is a fixed function of $x$, the resulting equation is linear. However, in more realistic models of run and tumble process, $S$ solves a screened Poisson equation, i.e.,

$$
\begin{equation*}
-\Delta_{x} S+\alpha S=\rho(t, x):=\int_{\mathcal{V}} f(t, x, v) \mathrm{d} v \tag{3.45}
\end{equation*}
$$

It is difficult to prove even the existence of a stationary state for the problem when the run and tumble equation is coupled with (3.45). We refer to, e.g., Ref. 86 where the author showed the existence of traveling wave solutions for the coupled nonlinear run and tumble equation, and some other related works can be found in the references of Ref. 86 .

In Ref. 85, we consider another nonlinear coupling [given in (3.46)] for the run and tumble equation. This coupling plays the role of being an intermediate step between the linear model $[(1.1),(1.2),(2.1)-(2.6)$, and (3.1)-(3.41)] and the nonlinear model $[(1.1),(1.2),(2.1)-(2.6)$, and (3.1)-(3.45)]. A detailed discussion about the motivation behind (3.46) and how it is obtained can be found in the last section of Ref. 85. The result concerning this nonlinear equation is given as follows.

Theorem 3.8. Suppose that $t \mapsto f_{t}$ is the solution of the run and tumble equation [(1.1), (1.2), (2.1)-(2.6), and (3.1)-(3.41)] with the initial data $f_{0} \in \mathcal{P}\left(\mathbb{R}^{d} \times \mathcal{V}\right)$. Suppose further that A1, A2, and A3 of Theorem 3.7 hold and that $\psi$ is a Lipschitz function.
A4. We assume also that $S$ solves

$$
\begin{equation*}
S(x)=S_{\infty}(x)(1+\eta N * \rho), \tag{3.46}
\end{equation*}
$$

where $N$ is a positive, smooth function with a compact support and $\eta>0$ is a small constant.
A5. Let $S_{\infty}$ be a smooth function satisfying for some positive constants $C_{1}, C_{2}, \alpha$ that

$$
C_{1}-\alpha\langle x\rangle \leq M_{\infty}(x):=\log \left(S_{\infty}(x)\right) \leq C_{2}-\alpha\langle x\rangle .
$$

Then, there exists some constant $\tilde{C}$ depending on $C_{1}, C_{2}$, and $\alpha$ such that if $\eta<\tilde{C}$, then there exists a unique steady state solution to the nonlinear run and tumble equation [(1.1), (1.2), (2.1)-(2.6), and (3.1)-(3.41)], where $S$ solves (3.46). Moreover, for any initial data $f_{0} \in \mathcal{P}\left(\mathbb{R}^{d} \times \mathcal{V}\right)$ satisfying $\left\|f_{0}\right\|_{\phi} \leq \bar{C}$ with $\phi=e^{\omega(x)}$, where $\omega<0$ and the constant $\bar{C}>0$ depends on $\left\|\psi^{\prime}\right\|_{\infty},\left\|\nabla_{x} N\right\|_{\infty}$ and some other constants coming from the previous hypotheses and Theorem 3.7, there exist some positive constants $C$ and $\Lambda$ satisfying

$$
\left\|f_{t}-f_{\infty}\right\|_{\phi} \leq C e^{-\Lambda t / 2}\left\|f_{0}-f_{\infty}\right\|_{\phi}
$$

where $\phi=e^{\omega\langle x\rangle}$.
Idea of the Proof of Theorem 3.8. First, we carry out a fixed point argument to show that there exists a unique stationary state for the nonlinear equation. More precisely, we define a function $\mathcal{G}(M): C^{2}(\mathbb{R}) \rightarrow C^{2}(\mathbb{R})$ given by

$$
\mathcal{G}(M)=\log \left(S_{\infty}\left(1+\eta N * \rho^{M}\right)\right)
$$

where $S_{\infty}, \eta, N$ are the same as in (3.46) and $\rho^{M}(x)=\int_{\nu} f_{\infty}(x, v) \mathrm{d} v$, where $f_{\infty}$ is the equilibrium state for the linear run and tumble equation with the choice $M$ in $\mathcal{C}$. This means that if $M$ is a fixed point of $\mathcal{G}$, then $f_{\infty}$ will be a steady state of the nonlinear equation. We can show that $\mathcal{G}$ has a unique fixed point by using the contraction mapping theorem, i.e., we obtain an inequality for $M_{1}, M_{2}$ such that $M_{1} \neq M_{2}$,

$$
\left\|\mathcal{G}\left(M_{1}\right)-\mathcal{G}\left(M_{2}\right)\right\|_{W^{1, \infty}} \leq \chi\left\|M_{1}-M_{2}\right\|_{W^{1, \infty}},
$$

where $\chi \in(0,1)$ is a constant and $W^{1, \infty}$ is the Sobolev space with $n=1$ and $p=\infty$ (see Sec. II for the definition). Next, we use the fact that the assumptions made on $N$ and $\eta$ in (3.46) enable us to consider the nonlinear equation as a perturbation of the linear one. The final convergence estimate is then obtained by exploiting these two arguments and using some of the estimates coming from the Proof of Theorem 3.7.

## 2. The kinetic FitzHugh-Nagumo equation

The kinetic FitzHugh-Nagumo equation is a nonlocal PDE describing the dynamics of interacting neurons structured with two variables: the membrane potential (or voltage) $v$ and the adaptation (or recovery) variable $x$. The model is proposed in Refs. 87 and 88 as a simplified version of the celebrated Hodgkin-Huxley model. ${ }^{89}$ The latter is proposed by Hodgkin and Huxley in 1952 and led them to receive a "Nobel Prize in Physiology or Medicine" in 1963. The model gives a precise mathematical description of how the spikes in neuron cells are generated and propagated in time.

An important property of the kinetic FitzHugh-Nagumo equation is that the dynamics may exhibit non-equilibrium stationary states. The equation may have periodic solutions or converge toward a unique stationary state depending on the strength of the connectivity of the neural network. We are interested in the latter case, which takes place in a weak connectivity regime.

Moreover, the kinetic FitzHugh-Nagumo equation is known to be hypoelliptic; see, e.g., Ref. 90. This can be seen from the internal dynamics. The noise generated in the system acts as a random input only for the voltage variable $v$ and does not change the adaptation variable $x$.

The evolution of the probability density of finding neurons at time $t \geq 0$ with an adaptation variable $x$ and a voltage variable $v$ such that $(x, v) \in \Omega \times \mathcal{V}=\mathbb{R} \times \mathbb{R}$ is given by

$$
\begin{equation*}
\partial_{t} f=\mathcal{L}[f]:=\partial_{x}(A(x, v) f)+\partial_{v}(B(x, v) f)+\partial_{v v} f \tag{3.47}
\end{equation*}
$$

where

$$
\begin{equation*}
A(x, v)=a x-b v \quad \text { and } \quad B(x, v)=x+v(v-1)(v-c) \tag{3.48}
\end{equation*}
$$

with some positive constants $a, b, c$.
In Ref. 90 , the authors studied the existence and uniqueness of solutions to this equation. Moreover, they showed the existence of a nontrivial stationary state and non-quantitative exponential convergence toward the stationary state by using a generalized version of the Krein-Rutman theorem. In Ref. 18, the author improved this result and provided a quantitative exponential convergence to equilibrium by using Harris's theorem. The main result of Ref. 18 is given as follows.

Theorem 3.9. Suppose that $t \mapsto f_{t}$ is the solution of the kinetic FitzHugh-Nagumo equation [(3.47) and (3.48)] with the initial data $f_{0} \in \mathcal{P}_{\phi}(\mathbb{R} \times \mathbb{R})$. Then, the kinetic FitzHugh-Nagumo equation admits a unique stationary state $f_{\infty}$, and there exist positive constants $C, \lambda$, which are independent of $f_{0}$, such that for all $t \geq 0$ and

$$
\begin{equation*}
\left\|f_{t}-f_{\infty}\right\|_{\phi} \leq C e^{-\lambda t}\left\|f_{0}-f_{\infty}\right\|_{\phi} \tag{3.49}
\end{equation*}
$$

with the weight function

$$
\phi(x, v)=e^{\chi\left(|x|^{2}+\left|v^{2}\right|\right)},
$$

where $\chi>0$ is a positive constant.

Remark 5. We note that in Ref. 18, the author proved a more general version of (3.49) in the norm $\|\cdot\|_{L_{\phi}^{q}}$ when $f_{0} \in L_{\phi}^{p}(\mathbb{R} \times \mathbb{R})$, $p \in[1,+\infty)$, and $q \in[1, p]$. We state an adapted version of the result only in the weighted $L^{1}$ space with the weight function $\phi$ (corresponds to Sec. 5 in Ref. 18) by taking the probability measure initial data.

Idea of the Proof of Theorem 3.9. The proof uses Harris's theorem. The minorization condition relies on proving that $f$ is bounded from below by a positive constant at an initial arbitrary point $z_{0}=\left(x_{0}, v_{0}\right)$ and extending this positive lower bound to a small ball around this point. This part is shown via ensuring the local continuity of $f$ by a regularization argument, which can be found in Sec. 3 of Ref. 18. Then, the minorization condition is an immediate result of the spreading of positivity lemma, which says that

$$
\text { if } f \geq \varepsilon>0 \text { in }[0, t) \times B\left(z_{0}, R\right) \text {, then } f \geq C \varepsilon \text { in }[t / 2, t] \times B\left(z_{0}, \alpha R\right) \text { for some } \alpha>1 \text { and } C>0 \text {. }
$$

For the Foster-Lyapunov condition, we follow a similar strategy as in Secs. III A 1, III A 2, III A 4, III A 6, and III B 1. We apply a change of variable $v^{\prime}:=b v$ and re-write $\mathcal{L}$ in (3.47) as

$$
\mathcal{L}[f]=\partial_{x}(A(z) f)+\partial_{v}(B(z) f)+\frac{1}{b^{2}} \partial_{v v} f
$$

where the formal adjoint of $\mathcal{L}$ is given by

$$
\mathcal{L}^{*} \phi=-A(z) \partial_{x} \phi-B(z) \partial_{v} \phi+\frac{1}{b^{2}} \partial_{v v} \phi .
$$

Then, for $\varphi(x, v)=e^{\frac{y}{2}\left(\left.|x|\right|^{2}+|v|^{2}\right)}$, we obtain (assuming that $\gamma^{2}>b c$ )

$$
\frac{\mathcal{L}^{*} \varphi}{\varphi}=-a \gamma|x|^{2}-\frac{1}{b^{3}}|v|^{4}+\frac{c+1}{b^{2}} v^{3}+\frac{\gamma^{2}-b c}{b^{2}}|v|^{2}+\frac{\gamma}{b^{2}} \leq-a \gamma|x|^{2}-\frac{1}{b^{3}}|v|^{4}+C_{1} v^{3}+C_{2}|v|^{2}+C_{3},
$$

where $C_{1}, C_{2}, C_{3}$ are some positive constants. This yields

$$
\mathcal{L}^{*} \phi \leq-\zeta \phi+D
$$

for some $\zeta, D>0$. Thus, the result follows from Theorem 2.5.

## IV. DISCUSSION AND PERSPECTIVES

In this Review, we presented Harris-type theorems and how to use them in the PDE context to obtain results on trend to equilibrium for kinetic equations arising in physics and biology. The techniques are well-adapted for equations exhibiting non-equilibrium, non-explicit stationary states, initial data with bad local regularity (e.g., Dirac measure), and slowly decaying tails and finally to obtain quantifiable convergence rates. These methods provide an alternative to classical hypocoercivity techniques, general relative entropy methods, and nonquantitative methods, such as the Krein-Rutman theorem. They allow us to obtain spectral gap results in the $L^{1}$ (or total variation) setting under relaxed assumptions.

On the other hand, we point out that these methods apply only to linear kinetic equations, and the quantitative rates are often not optimal.

However, we believe that they provide promising results in the cases including but not limited to the following.

- Absence of spectral gap. The results on the long-time behavior of kinetic equations in the cases where convergence is sub-geometric are rare compared to the cases where there is a spectral gap. One reason is that these cases are often more difficult to study mathematically as there is no general methodology to tackle them with. However, Harris-type theorems provide an insightful method to obtain quantifiable subgeometric rates of convergence, which are optimal in some cases (see, e.g., Sec. III A 2). In particular, the application of the theorems is straightforward once the hypotheses are proven.
- Nonlinearities. Harris-type theorems do not apply directly to nonlinear equations. However, they can be used both for proving the existence of stationary states to nonlinear equations and for the perturbative analysis of nonlinear problems close to equilibrium (see, e.g., Secs. III A 1 and III B 1).


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## AUTHOR DECLARATIONS

## Conflict of Interest

The author has no conflicts to disclose.

## Author Contributions

Havva Yoldaş: Writing - original draft (lead); Writing - review \& editing (lead).

## DATA AVAILABILITY

Data sharing is not applicable to this article as no new data were created or analyzed in this study.

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