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The residence time of water vapour in the atmosphere

Luis Gimeno¹ , Jorge Eiras-Barca^{1,2}, Ana María Durán-Quesada^{3,4}, Francina Domínguez⁵, Ruud van der Ent⁶, Harald Sodemann^{7,8}, Ricardo Sánchez-Murillo⁹, Raquel Nieto¹ and James W. Kirchner¹⁰

Abstract | Atmospheric water vapour residence time (WVRT) is an essential indicator of how atmospheric dynamics and thermodynamics mediate hydrological cycle responses to climate change. WVRT is also important in estimating moisture sources and sinks, linking evaporation and precipitation across spatial scales. In this Review, we outline how WVRT is shaped by the interaction between evaporation and precipitation, and, thus, reflects anthropogenic changes in the hydrological cycle. Estimates of WVRT differ owing to contrasting definitions, but these differences can be reconciled by framing WVRT as a probability density function with a mean of 8–10 days and a median of 4–5 days. WVRT varies spatially and temporally in response to regional, seasonal and synoptic-scale differences in evaporation, precipitation, long-range moisture transport and atmospheric mixing. Theory predicts, and observations confirm, that in most (but not all) regions, anthropogenic warming is increasing atmospheric humidity faster than it is speeding up rates of evaporation and precipitation. Warming is, thus, projected to increase global WVRT by 3–6% K⁻¹, lengthening the distance travelled between evaporation sources and precipitation sinks. Future efforts should focus on data integration, joint measurement initiatives and intercomparisons, and dynamic simulations to provide a formal resolution of WVRT from both Lagrangian and Eulerian perspectives.

The hydrological cycle is a fundamental component of the climate system, transferring energy and mass between the atmosphere, ocean, cryosphere and land reservoirs. Despite holding less than 0.001% of all of Earth's water¹, the atmosphere acts as a key facilitator of these transfers. As such, atmospheric water vapour residence time (WVRT) is a fundamental, if not yet fully resolved, diagnostic of hydrological variability needed to estimate moisture sources and sinks², and understand changes in dynamic and thermodynamic processes³, for example.

Several metrics have emerged to quantify the various facets of WVRT. These include the time in the atmosphere between evaporation and precipitation (lifetime), the age of water vapour at a specific time (AGE) and its 'life expectancy' (forward transit time, FTT) (BOX 1). Given that WVRT cannot be calculated directly, indirect methods must be used. Such methods span simple arithmetic calculations (turnover time, TUT), to those that require sophisticated moisture tracking models of various sorts (analytical, offline Eulerian or Lagrangian, or numerical tracers embedded within regional or global climate models^{4,5}).

As a result of these definition-based and method-based contrasts^{4–7}, estimates of the global mean WVRT vary,

typically ranging from 4–5 to 8–10 days^{3,8–10}. In addition, it is now also recognized that there is substantial spatial variability in WVRT, owing to a combination of surface evaporation, advection, turbulent mixing, precipitation and small-scale physical processes¹¹. For instance, a narrow distribution of relatively short WVRTs is anticipated in regions of intense convection (especially during summer), whereas broader distributions with longer WVRTs are expected in the polar regions (especially during winter), where evaporation and precipitation are markedly lower.

Temporal variability is also evident, not least in the long-term changes in WVRT owing to anthropogenic warming. Observations^{12,13} and models^{13,14}, for example, suggest that warming-related increases in atmospheric moisture relative to precipitation¹⁵ will slow the atmospheric hydrological cycle, increasing the residence time¹⁶. Such changes, in combination with the definition-based and method-based uncertainties, will have important implications for understanding many aspects of the hydrological cycle. For instance, any shifts in moisture holding capacity will influence precipitation extremes¹⁷ and, in turn, the characteristics of floods and drought^{18,19}. Moreover, knowledge of WVRT is critical for understanding moisture recycling, downstream impacts

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of evaporation^{20,21}, the intensity of the Intertropical Convergence Zone (ITCZ)²², water vapour input to the stratosphere²³ or moisture sources for storm tracks²⁴, motivating in-depth assessments of WVRT.

In this Review, we synthesize current knowledge concerning WVRT and highlight it as an essential indicator of how the atmospheric hydrological cycle responds to dynamic and thermodynamic processes related to climate change. We begin by outlining how WVRT represents interactions between evaporation and precipitation, and is, thus, an indicator of hydrological cycle change. We then outline estimates of WVRT in observations and models, summarizing the uncertainty in its quantification at both global and regional scales. We subsequently analyse observed and expected changes in WVRT as a result of anthropogenic warming and end with future research priorities and pathways.

A metric of the atmospheric water cycle

The balance between evaporation and precipitation processes at local to global scales produces a range of WVRT durations. Different metrics can be related to one another using the concept of the lifetime distribution, as will now be discussed.

Box 1 | Defining water vapour residence time

The quantification of water vapour residence time has traditionally relied on different metrics that can result in contrasting estimates. The most common metrics used are:

Turnover time (TUT): bulk mean age of the outflow from a reservoir. For the atmosphere, TUT equals the global average mean age of precipitation. It can be calculated as $TUT = W/P$, where W is precipitable water (or water vapour) and P is precipitation.

Depletion time constant: the local calculation of W/P . Values might vary substantially from TUT, but the global precipitation weighted average is equal to TUT.

AGE: the average age of water in the atmosphere since evaporation, which can differ from precipitation age. There are indications that heterogeneity causes the global average storage weighted AGE to be slightly higher than TUT.

Backward transit time (BTT) or lifetime: the time that a precipitated water particle spends in the atmosphere.

Lifetime distribution (LTD): the probability density function of all lifetimes of BTT in a specific region or globally. The global precipitation weighted average of LTD is equal to TUT.

Forward transit time (FTT): the time that an evaporated water particle will spend in the atmosphere. In principle, BTT of a water particle at the sink location is the same as FTT of that water particle at the source location. Hence, FTT is, on average, identical to BTT or lifetime, but with different regional patterns. FTT is heavily influenced by the type of land use (FIG. 2).

Defining lifetime distribution. To the first order, the global atmosphere can be considered as an approximately steady-state reservoir for water vapour. New water vapour continuously enters the atmosphere through evaporative fluxes from the ocean and land surface, and is removed by precipitation within weather systems. In the long term, this steady-state system is in mass balance, and the fluxes into and out of the reservoir reflect the timescale of how long water vapour stays in the atmosphere. The ratio between the global bulk reservoir and corresponding fluxes then yields the average TUT (BOX 1) of about 8–10 days^{3,25,26}.

However, considering the global atmosphere as a homogeneous, well-mixed system is an idealization, with respect to both space and time⁷. More targeted metrics are, thus, needed to quantify the multifaceted properties of WVRT, each with different applications to the hydrological cycle⁹ (BOX 1). AGE, for instance, is a distinct property of the water in the atmosphere itself. By contrast, the lifetime (or backward transit time, BTT) offers perspectives on outflow, while the FTT (or life expectancy) offers perspectives on inflow. Unless the system is continuously and completely mixed, AGE will generally differ from both FTT and BTT, even at steady state²⁷. For example, in a pipe flow ('first in, first out') system, BTT will be twice the AGE, whereas in heterogeneous systems characterized by preferential flow, the outflow will be younger than the average AGE²⁷.

The heterogeneity of the global water cycle does not alter the mean age of precipitation (the lifetime or BTT), which remains unchanged as a result of mass balance. However, it does increase the mean AGE relative to the mean age of precipitation. The constant precipitation lifetime implies that a larger contribution of short-lived vapour that precipitates is compensated by a corresponding contribution of water vapour that does not precipitate as readily, and, thus, is longer lived. Therefore, the global and regional WVRT could be more accurately represented by a probability density function, the so-called lifetime distribution^{7,9,28} (LTD; FIG. 1a).

In this framework, quantities such as the TUT and lifetime (or BTT) measure different aspects of the LTD. Global patterns of WVRT reveal lifetimes (or BTTs) of 4–5 days, markedly different from the global TUT of 8–10 days⁸. This discrepancy can be explained by noting that these BTTs are estimated by Lagrangian methods that cannot reliably capture the long and thin tail of the LTD⁷. Therefore, the BTTs reflect the median of the heavily skewed LTD, rather than its mean, which is estimated by the TUT (FIG. 1). The median of the LTD was proposed to serve as a more robust metric for the lifetime of the majority of the precipitation, since it is influenced less by the long tail than the mean of the distribution⁷ (FIG. 1b). Whether the median or the mean of the LTD, the LTD itself or other quantities might be most informative has not been examined and would depend on the purpose.

Lifetime distribution variability. The LTD of different water cycle components depends on the interaction of different processes, of which atmospheric properties (saturation, boundary layer height (BLH) and transport),

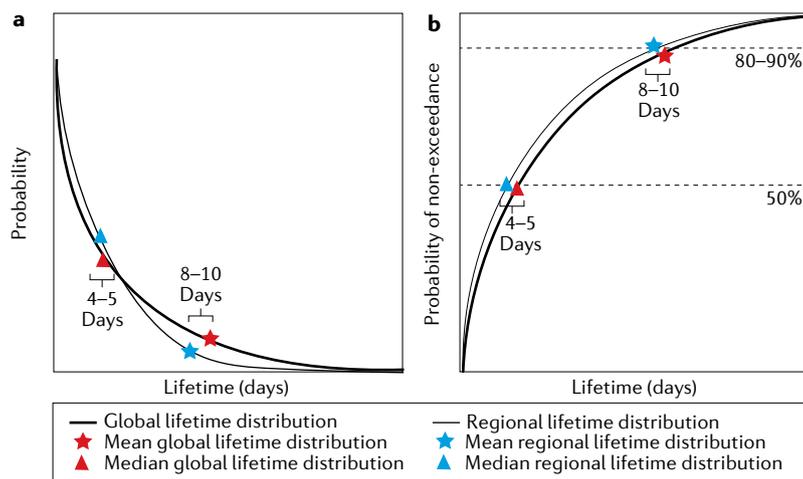


Fig. 1 | Schematic depiction of the global lifetime distribution. a | Probability density functions of lifetime distribution (LTD), or backward transit times depending on terminology, for the globe and a regional example with higher contribution from short-lived vapour. Triangle and star symbols denote the median and mean LTD, respectively, with the latter also representing turnover time. **b** | As in panel **a**, but the corresponding cumulative distribution function of the LTD, providing the probability of non-exceedance. While the median LTD is defined as the mid-point of the distribution, the mean LTD is found at variable locations on the upper tail (here, 80–90% of the distribution). LTDs are heavily skewed, vary regionally and can be characterized by their mean or median. Adapted from REF.⁷, CC BY 4.0 (<https://creativecommons.org/licenses/by/4.0/>).

evaporation processes (ocean or land surface, location, land use and vegetation) and precipitation processes (circulation, weather systems and topography) are key determinants. In particular, surface–atmosphere coupling and the corresponding modulation of evaporative fluxes (governed by the boundary layer)²⁹ gives rise to LTDs with markedly different shapes (FIG. 2). While much is unknown about the shape of the LTD for different climates and surface properties, it has been demonstrated for precipitation extremes in the Mediterranean¹¹ that they vary considerably from event to event between those dominated by local and immediate moisture origin (FIG. 2a,d), long-range transport dominated with a thicker tail (FIG. 2b,c) or intermediate shapes (FIG. 2e,f).

Indeed, the boundary layer directly affects WVRT by modulating moisture exchange between the surface and the free atmosphere to balance the surface energy budget. Surface fluxes are constrained by the boundary layer and the way it responds to the large-scale atmospheric circulation. For example, evaporation increases under the presence of a drier boundary layer associated with convective development. The BLH is sensitive to the surface coupling and its growth is defined by the sensible heat flux. Hence, the BLH varies seasonally in response to the surface fluxes and also depends on the surface characteristics. In semi-arid regions, it has been demonstrated³⁰ that the link between the boundary layer and soil moisture features a positive feedback between deep convection and soil moisture at the storm scale (FIG. 2b). For tropical forests, observations over the Amazon reveal that BLH deepening, enhanced by increasing sensible heat flux, can aid the evolution of shallow cumulus into deep convective clouds³¹ (FIG. 2c). These examples illustrate how a systematic analysis of

the interrelation between BLH and free-troposphere moisture can be used to evaluate the surface–atmosphere coupling that modulates WVRT on regional scales.

Application of WVRT. Whilst being a fundamental characteristic of the regional and global turnover of water vapour in the atmosphere, WVRT also has a number of concrete applications. First, consider that the age of precipitation is inherently linked to water vapour's origins and its atmospheric transport. The concept of WVRT, thus, links the processes of evaporation, transport, mixing and precipitation at different spatial and temporal scales. This notion is especially important for rain-fed agriculture^{32–34}, where different water sources (and residence times) influence the occurrence of wet and dry years³⁵. For example, it is conceivable that the onset of the rainy season could be characterized by relatively old atmospheric water parcels that have travelled long distances, but that, during the rainy season itself, most rainfall could be relatively young. In such a scenario, WVRT could become particularly important for water resources because the start of a drought in a given location could be linked to a lack of old water vapour from upwind, whereas the intensification of a drought could be linked to a lack of young water³⁶.

Another example of how WVRT pinpoints the role of a different process for the atmospheric water cycle is related to evapotranspiration. On average, moisture transpired by plants remains in the air for about one day longer than moisture evaporated from soils or canopy interception³⁶. The reason for this is that, during the dry season³⁷, when water vapour can travel further and, thus, remains in the atmosphere longer⁶, transpiration is the only evaporative flux. Regardless of origin, all evaporative processes (which, in hydrology, are generally regarded as losses from the land surface) supply precipitation elsewhere and, thus, constitute an important ecosystem service³⁸.

Furthermore, WVRT allows the impact of different weather systems on the atmospheric water cycle to be characterized. LTDs diagnosed for extreme precipitation events in the Mediterranean differ substantially from case to case, with medians ranging between 7.2 and 2.8 days, and modal peaks ranging between 3 h and 5 days¹¹. Generally, however, their LTD resembles the global lifetime distribution (FIG. 1a), albeit with a longer tail and with seasonal variability⁹. A water vapour tagging method in a regional model yielded a lifetime of only 1–2 days for more than half of the precipitation during a cold-air outbreak in the Norwegian basin³⁹. Thus, the WVRT is not only an atmospheric property but also highlights dominant turnover processes for water vapour in weather systems.

Regional estimates of WVRT

Global WVRT is, to the first approximation, dominated by the effects of large-scale atmospheric motion and oceanic evaporation on atmospheric moisture. As a result, global WVRT patterns resemble the spatial distribution of atmospheric moisture, evaporation and precipitation (FIG. 3). However, these processes do not fully explain the spatial variability of WVRT. Regional and

local-scale processes that modulate surface fluxes and precipitation (such as land-surface processes or weather systems)^{6,8} exert an influence in shaping WVRT. Hence, the spatial variability of WVRT is explained by a combination of global, large-scale, regional and local-scale processes, all of which might result in shorter or longer WVRTs (and, thus, discrepancies with globally aggregated estimates).

Understanding regional differences. In general, estimates of mean and median BTT indicate substantial variations from the global mean in regions affected by large-scale vertical movement or large rainfall contrasts (FIG. 3a,b). For instance, longer BTTs are typically identified for areas influenced by the ITCZ or the South Pacific Convergence Zone, that is, the Pacific coast of Colombia and Central America and the Maritime Continent. Longer BTTs are also observed in the Sahel,

where the ratio of surface evaporation to potential evapotranspiration is very small⁴⁰, as well as the Indian monsoon region. In contrast, shorter residence times occur at the descending branches of Hadley cells (subtropical highs), sharing a similar pattern with areas of enriched deuterium (FIG. 3d) and low tropical precipitation (FIG. 3e); polar highs typically exhibit higher WVRT in comparison, owing to the effect of the poleward decrease in atmospheric moisture content and in rates of precipitation and evaporation.

Evaporation from the ocean surface is the largest flux of moisture to the atmosphere. In regions with higher evaporation rates, WVRT tends to be shorter, owing to the higher moisture flux through the atmosphere. Hence, in oceanic regions with higher net radiation fluxes, WVRT is reduced as a result of enhanced evaporation. Continental regions that experience heavy rainfall, such as those affected by the ITCZ or monsoonal

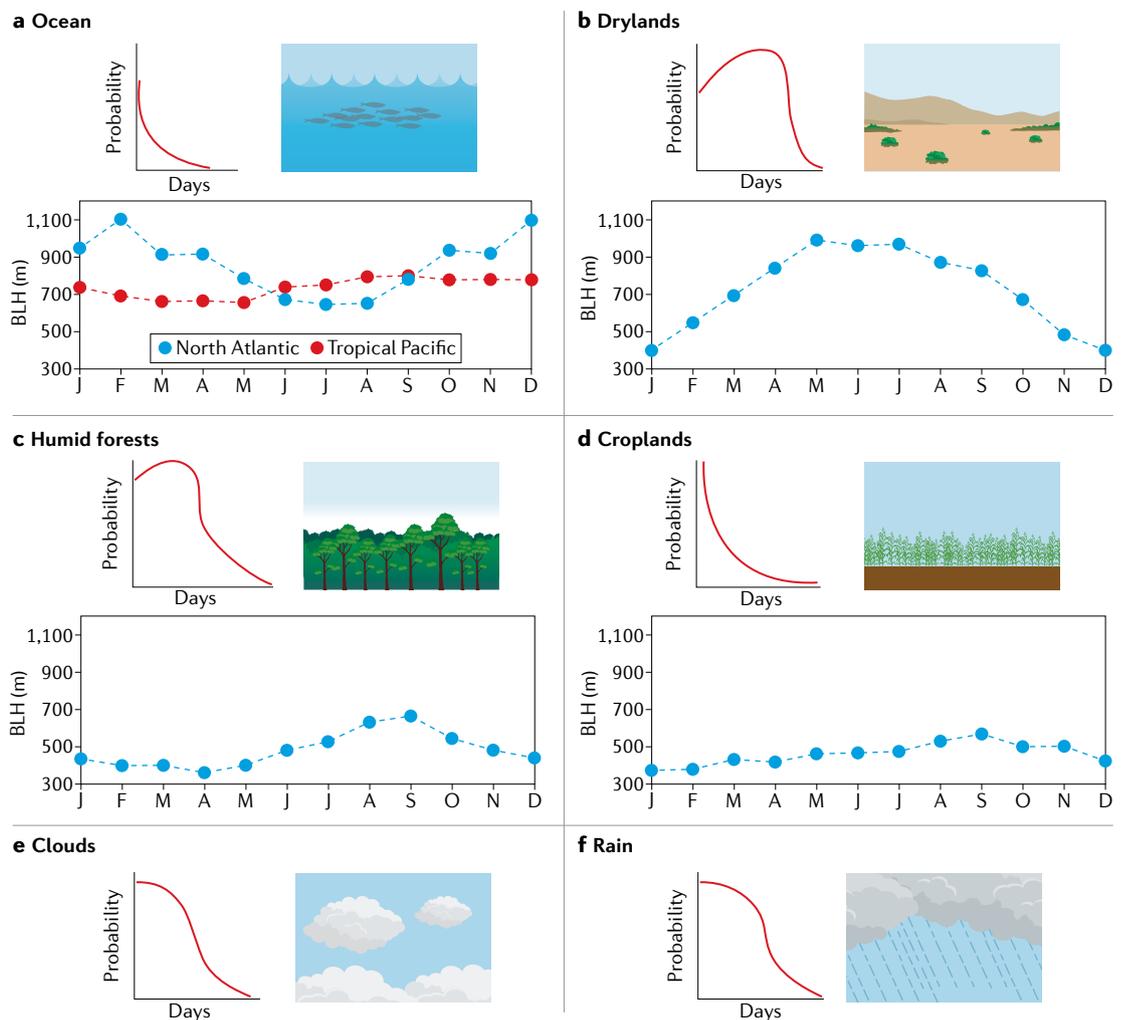


Fig. 2 | Lifetime distribution of different surface conditions and water cycle components. Schematic lifetime distribution (LTD) and boundary layer height (BLH) for ocean (panel a), drylands (panel b), humid forests (panel c), croplands (panel d), clouds (panel e) and rain (panel f). LTDs are roughly based on the findings of REFS^{6,37}. BLH values are monthly 2019 averages from ERA5 (REF.¹⁰⁸) taken over: 25°–50° N, 15°–60° W for the North Atlantic; 10° S–10° N, 100°–180° W for the Tropical Pacific; 10°–30° N, 10° W–30° E for the Sahara (drylands); 0°–20° S, 45°–70° W for the Amazon (humid forests); and 20°–35° N, 110°–120° E for Eastern China (croplands). LTD varies according to the surface conditions, responding to changes in surface fluxes or boundary layer characteristics.

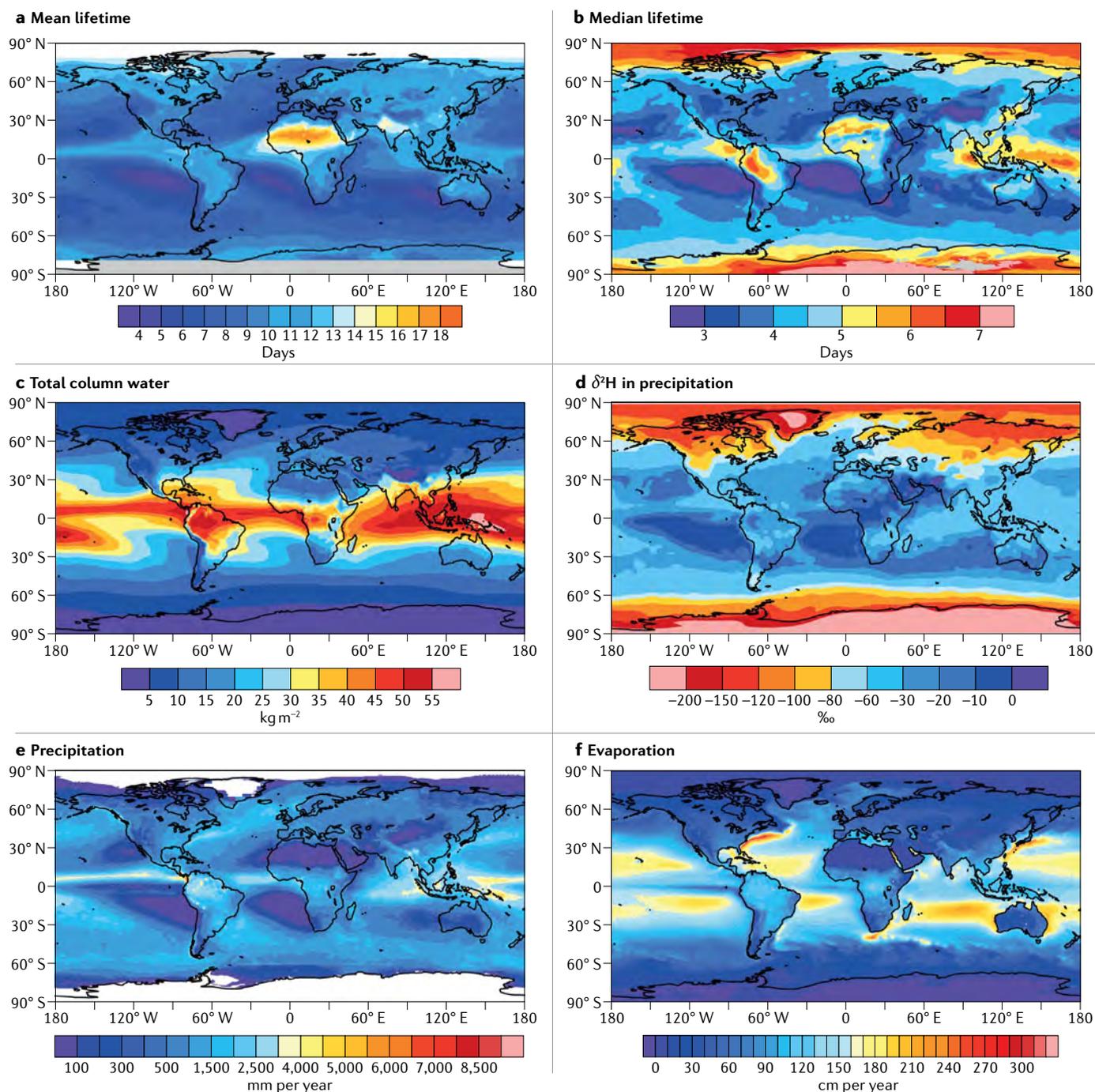


Fig. 3 | Global patterns of water vapour residence time estimates and precipitation characteristics. **a** | Annual mean lifetime or backward transit time. **b** | Annual median lifetime or backward transit time. **c** | Total column water climatology (1980–2019) from ERA5 (REF.¹⁰⁸). **d** | Annual mean δ²H in surface precipitation, as simulated by the isotope-enabled ECHAM5-WISO¹⁰⁹. **e** | Annual rainfall total climatology (2001–2019) from 3IMERGM¹¹⁰. **f** | Annual evaporation climatology (1980–2019) from ERA5 (REF.¹⁰⁸). The global distribution of mean and median lifetime differs owing to different processes and time scales considered. Panel **a** adapted from REF.⁹, CC BY 3.0 (<https://creativecommons.org/licenses/by/3.0/>). Panel **b** adapted from REF.⁷, CC BY 3.0 (<https://creativecommons.org/licenses/by/3.0/>).

circulation, tend to have longer WVRTs than oceanic regions. Convective development has a major role in determining the length of the WVRT in these terrestrial regions, and the large-scale patterns and synoptic-scale events do not fully explain the spatial and temporal variability that is observed. Tropical convection originates

in the subcloud layer, where ascending and descending movements of air modulate WVRT through variations in saturation. Downdraughts during storms transport colder and drier air from the upper levels to the surface, so that an overall cooling effect after rainfall events might cause a local decrease in residence time as a direct

result of the Clausius–Clapeyron relationship. In addition, in convective regimes, re-evaporation of rainfall can contribute substantially (20–50%) to atmospheric moisture⁴¹. Observational evidence shows that latitudinal variations in evaporative fluxes that feed atmospheric moisture are amplified in areas prone to the development of heavy rainfall^{42–44}. In such conditions, the release of latent heat dominates the cooling of air through evaporation, and, thus, WVRT is affected by condensation and evaporation simultaneously within the same air parcel.

Over land, the components of land evaporation (interception, soil evaporation and transpiration⁴⁵) become more relevant. The magnitudes of these different fluxes are largely controlled by vegetation⁴⁶ and dominated by transpiration, which is about 60% of total land-surface evaporation^{47,48}. The contribution of land evaporation to atmospheric moisture depends on local processes that are subject to large spatial variability, mainly owing to spatially heterogeneous vegetation coverage and land use. WVRT is strongly influenced by the type of land evaporation; FTTs appeared to be most skewed (towards shorter transit times) for interception and least skewed for transpiration⁶. Dry-season transpiration tends to remain in the atmosphere longer and travel farther³⁷. Moreover, land evaporation is connected strongly to moisture recycling, where it contributes substantially to atmospheric moisture⁴⁹. Because precipitation recycling influences the transfer of atmospheric moisture and modulates evaporation components through humidity and temperature changes, it is highly relevant in arid regions, where recycling accounts for a large portion of the available precipitation^{34,37,50–52}.

As well these broad-scale geographical differences in WVRT, specific differences are also observed at the country level. For instance, over China, BTT has been estimated at 6.3 and 8.3 days for precipitation and evaporation, respectively⁵³. Moreover, annual median and mean BTTs are estimated at 4–9 days⁸ and 9–12 days for a similar domain⁹. Similar disparities in WVRT estimates are also found in other regions. Over the USA, for example, WVRT has been variably estimated at 3–9 days³, 8–11 days⁹ or 4–12 days⁸.

The apparent differences in the regional estimates following different estimations are most noticeable over the tropical areas (FIG. 3a,b). The median lifetime definition is able to capture the short-term moisture variations associated with synoptic-scale processes. This representation provides a more accurate estimate, as it contains the information of fast-lived changes within the hydrological cycle at the regional scale. It is consistent with the seasonality, rapid variations and spatial patterns of the atmospheric water content (FIG. 3c). At regional scales, the uncertainties in the estimation of evapotranspiration add a source of bias to the estimates of WVRT. While satellite retrievals and the advances in surface precipitation networks enable the generation of better global precipitation products, monitoring of evapotranspiration remains a challenge. Bias in the closure of energy and mass budgets might deviate WVRT estimates because of the complex transition between the local and the regional scales in terms of surface fluxes.

Water isotopes as indicators of regional WVRT. The regional differences in WVRT highlight the need to obtain independent observational metrics that can constrain different model-based estimates. Naturally occurring stable isotopes of oxygen and hydrogen that are incorporated into water molecules can provide such observational constraints⁵⁴. The higher molecular mass of isotopically heavier water vapour molecules causes them to condense more readily. Therefore, as water is processed in atmospheric weather systems and progressively rained out, a smaller and smaller fraction of the initial concentration of heavy isotopes remains in the water vapour. This so-called isotopic fractionation can be observed with measurements taken on rainwater samples or on the water vapour itself, and with remote sensing instrumentation, including satellites⁵⁵. It can, thus, be expected that water vapour that has travelled longer and further from its evaporation source, and undergone more uplift and cooling, to be isotopically different from the initial evaporation source. An increasing number of numerical models are capable of calculating stable isotope fractionation, creating the potential to constrain model-derived metrics of the WVRT by stable water isotope measurements⁵⁶, and also to constrain the models themselves.

The patterns of WVRT expressed as BTT reveal remarkable commonalities with the simulated stable isotope ²H in surface precipitation (FIG. 3d). The relation between WVRT and isotopic composition might be most obvious with latitude, where long WVRT corresponds to the strongest loss in heavy isotopes, owing to continued condensation and fractionation with poleward moisture transport. Subtropical regions dominated by evaporation exhibit patterns that strongly resemble the areas with short WVRTs. Mid-latitude and high-latitude evaporation and land processes complicate these first-order relations, as mixing, progressive rainout of oceanic moisture and recycling with increasing continentality create a more complex signal. Regionally, patterns can even be opposite, for example, over equatorial Africa, where relatively high WVRT coincides with relatively enriched vapour isotopes.

The multifaceted relation between WVRT and stable water isotopes can be conceptualized using a schematic cross section of the atmosphere from equator to pole (FIG. 4a). Correlations of water vapour's stable isotope composition with the WVRT (expressed as AGE) are particularly obvious in the downwelling branch of the Hadley cell and in the middle troposphere of polar regions. In these regions, the transport pathways (and, thus, AGE) are longest, and cold temperatures lead to strong loss of heavy isotopes by condensation in regions where the time since evaporation is longest (FIG. 3a). For example, water vapour in the Bolivian Andes has been observed to be strongly depleted in ²H (REFS^{57,58}), contrasting with regions of tropical deep convection⁵⁹. Such general patterns can also be observed from satellite sensors⁴¹. In extratropical regions, sub-arctic water vapour has been detected descending in a Mediterranean anticyclone that had experienced a loss of ²H, creating a strong contrast to the water evaporating from the Mediterranean sea below⁶⁰. Greenland vapour

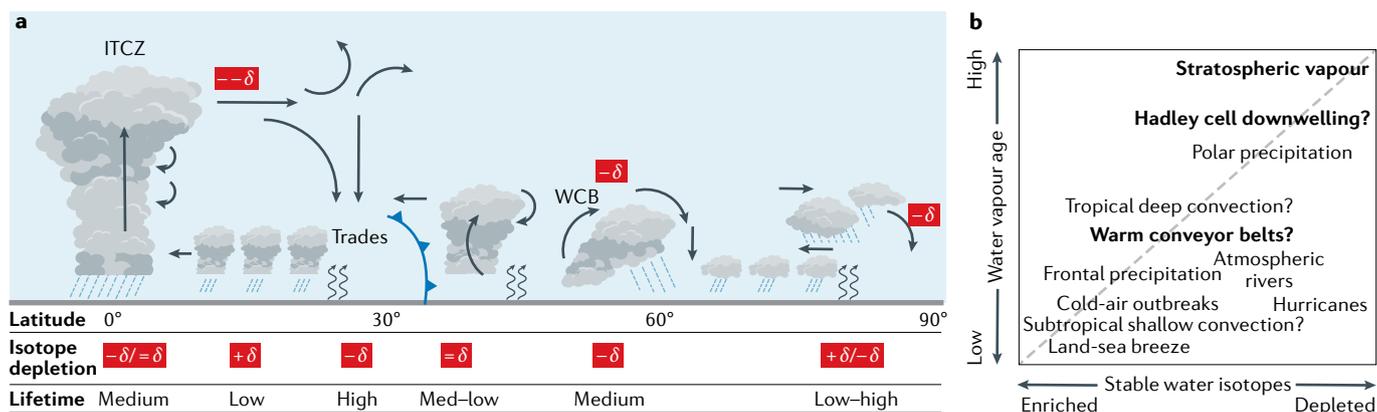


Fig. 4 | The relation between water vapour residence time and stable isotope composition in atmospheric water vapour. **a** | Schematic depiction of water vapour pathways within global weather systems (including evaporation, transport, mixing and precipitation) and their corresponding approximate lifetime and connection to loss of isotopically heavy vapour during condensation processes. **b** | Expected correspondence of lifetime to loss of heavy isotopes from weather systems that produce precipitation and residual vapour (bold). Stable water isotopic composition experiences variations during the life cycle of the rain-producing process. While subdaily samples show that synoptic systems can undergo variations across the enriched–depleted spectrum, daily and longer-term samples would provide information on the event peak. ITCZ, Intertropical Convergence Zone; WCB, warm conveyor belt.

measurements are also generally highly depleted, owing to strong orographic rise, cold temperatures and the high elevations of measurement locations⁶¹. On the other hand, shallow, precipitating weather systems, such as cold-air outbreaks in polar regions^{21,39,62}, show a signature close to the isotopic composition of vapour above the ocean⁶³. Weather systems with shallow precipitation processes thus exhibit isotope signals that represent a more immediate origin and lower AGE of water vapour.

The correspondence between isotope composition in vapour and the WVRT can be synthesized in a two-dimensional diagram of AGE versus isotopic depletion (FIG. 4b). While the stable water isotopic composition of rainfall changes during the life cycle of the precipitation-producing systems and processes, the isotopic fingerprint provides information of the prevailing or dominant signal. Hence, a link between AGE and the isotopic composition of the precipitation-producing system at its peak can be established and stable water isotopes can be translated into a proportional of AGE. Atmospheric mixing of water vapour and precipitation pose substantial challenges to obtaining such observational constraints on the WVRT. For example, tracing aged water vapour during mixing processes is hampered by the abundance of moist air near the surface that will, by far, outweigh the isotopic signal contained in the aged water vapour. In addition, rainfall continuously exchanges mass with the surrounding vapour phase as it falls through the atmospheric column below the cloud base in a complex mixing process that also entails isotopic fractionation⁶⁴. Both of these aspects suggest that water vapour lifetime might, to some extent, remain a conceptual quantity with large uncertainties in both tails of its distribution.

Using the combination of stable isotopes of both hydrogen and oxygen in water vapour, it is possible to calculate an evaporation source tracer that could be used to trace water vapour and quantify mixing processes⁶⁵.

This ‘deuterium excess’ could provide proxy information about the WVRT and also information about moisture recycling and transpiration ratios^{66–68}. Moreover, the use of water isotopes is not limited to atmospheric processes, as they have also been widely used to track surface and subsurface hydrological processes^{69–71}.

WVRT and anthropogenic climate change

As well as the previously described regional variability in WVRT, influenced by local-to-global scale processes, WVRT is also anticipated to change with anthropogenic warming. The dependence of TUT (BOX 1) on temperature provides a means by which the sensitivity of WVRT to future warming can be assessed. In particular, if $\varphi_{\bar{W}}$ and $\varphi_{\bar{P}}$ represent the fractional rate of change of vertically integrated precipitable water (\bar{W}) and precipitation rate (\bar{P}), respectively, with units of K^{-1} , the equivalent rate of change in residence time can be derived as:

$$\varphi_{\bar{W}} = \frac{1}{\bar{W}} \frac{\partial \bar{W}}{\partial T} \quad (1)$$

$$\varphi_{\bar{P}} = \frac{1}{\bar{P}} \frac{\partial \bar{P}}{\partial T} \quad (2)$$

$$\varphi_{\text{TUT}} = \frac{1}{\text{TUT}} \frac{\partial \text{TUT}}{\partial T} = \frac{\bar{P}}{\bar{W}} \frac{\partial}{\partial T} \left[\frac{\bar{W}}{\bar{P}} \right] = \varphi_{\bar{W}} - \varphi_{\bar{P}} \quad (3)$$

Alternatively, the intensity of the atmospheric hydrological cycle can be estimated through the fraction of mass exchange per unit time, defined as $M = \bar{P}/\bar{W}$ (REFS^{13,14,72}). As the inverse of TUT, M is a measure of the rate at which water vapour moves through the atmospheric reservoir, with the rate of change with temperature derived as:

$$\varphi_{\text{TUT}} = M \frac{\partial}{\partial T} \left(\frac{1}{M} \right) = -\varphi_M \quad (4)$$

Using these relationships, the impact of anthropogenic warming on \bar{W} and \bar{P} , and, in turn, TUT, collectively suggest a consistent increase in WVRT^{13,72–78} (FIG. 5; TABLE 1), as will now be discussed.

Changes in precipitable water. Assuming that relative humidity remains constant⁷⁹, the sensitivity of \bar{W} to temperature is driven by the dependence of saturation vapour pressure on temperature⁸⁰. Thus, changes in \bar{W} are approximately scaled by the Clausius–Clapeyron rate of 7% K⁻¹. Indeed, both general circulation model (GCM)-based^{13,16,72–78,81,82} and satellite-based^{12,13,83,84} estimates converge on column-integrated water vapour increasing at this rate (FIG. 5; TABLE 1). Such findings are particularly applicable over oceanic regions, where the assumption of constant relative humidity is most valid, but they would also likely apply at the global scale⁸². Fingerprinting methods further indicate that the observed increase in total and upper-tropospheric atmospheric moisture content can be attributed to human-induced greenhouse gas increases^{81,85}, although the Atlantic Multi-decadal Oscillation and El Niño–Southern Oscillation also have a distinct influence on twentieth century variability⁷⁸.

Yet, while global trends in water vapour are robustly positive, substantial geographical variability exists for

both observed and projected precipitable water changes. For instance, positive W trends have been observed over the North Pacific, North Atlantic and along the ITCZ, while very weak and even negative trends are apparent in the subtropics and over other oceanic regions^{12,13,84}. More generally, observational data since 1988 suggest rates of change of 4–7% K⁻¹, 10–14% K⁻¹ and well below 7% K⁻¹ for oceans poleward of 30°, tropical oceans and land areas, respectively⁸⁶. In addition, expectations of homogeneous changes with altitude might also not be realistic. The majority of the observed increase in water mass, for example, occurs below 500 hPa, even when the percentage change per K is greater above that level⁷⁷. Moreover, in contrast to column-integrated W , surface W is projected to decrease in the future over continental areas, owing to surface relative humidity changes⁸².

Changes in precipitation. Estimates from GCMs typically converge on global mean precipitation increases of 1–4% K⁻¹ (REFS^{13,72–75,77,78,82,87,88}) (FIG. 5; TABLE 1). These predicted changes do not scale with Clausius–Clapeyron (and are, thereby, lower than those for \bar{W}), owing to global average precipitation being constrained by energy balance and not moisture availability^{77,87}. Uncertainties in such model projections are generally represented by the spread of the model, but these are likely to be underestimates because any future precipitation responses probably encompass a much larger range⁸⁷. However, while GCMs indicate consensus in precipitation changes, global trends from observations lack statistical significance, with most reported values ranging from 2 to 3.5% K⁻¹ (FIG. 5; TABLE 1), owing, in part, to the absence of complete, reliable and consistent data products. Precipitation is also expected to respond differently to the various drivers of anthropogenic warming, resulting in fast and slow responses, which further complicate observational analyses⁸⁹.

As with W , the regional response of precipitation to warming also shows strong spatial heterogeneity. GCMs project increasing precipitation near the equator and in the mid-latitudes, while a reduction is projected in subtropical subsidence regions⁹⁰. This pattern is also reflected in the geographical distribution of precipitation-minus-evaporation, where, over the oceans, wet regions become wetter and dry regions drier⁷². In contrast, over the continents, a more heterogeneous pattern is projected, with precipitation-minus-evaporation changes coupled to spatial patterns in surface warming and relative humidity^{91–93}. Such model-derived estimates are also generally supported by observations, including increased precipitation over the ITCZ and storm-track regions, and decreased precipitation over the subtropics¹⁵.

With the increase in available atmospheric moisture, as previously discussed, extreme precipitation is also anticipated to increase⁸⁷. The rate of such projected changes exceeds that of mean precipitation, generally within the range of 5–10% K⁻¹ in both observations⁹⁴ and GCMs⁷⁵. Changes in short-duration extreme rainfall exceed those expected from moisture increases alone, and are likely related to feedbacks in convective clouds occurring at small scales⁹⁵.

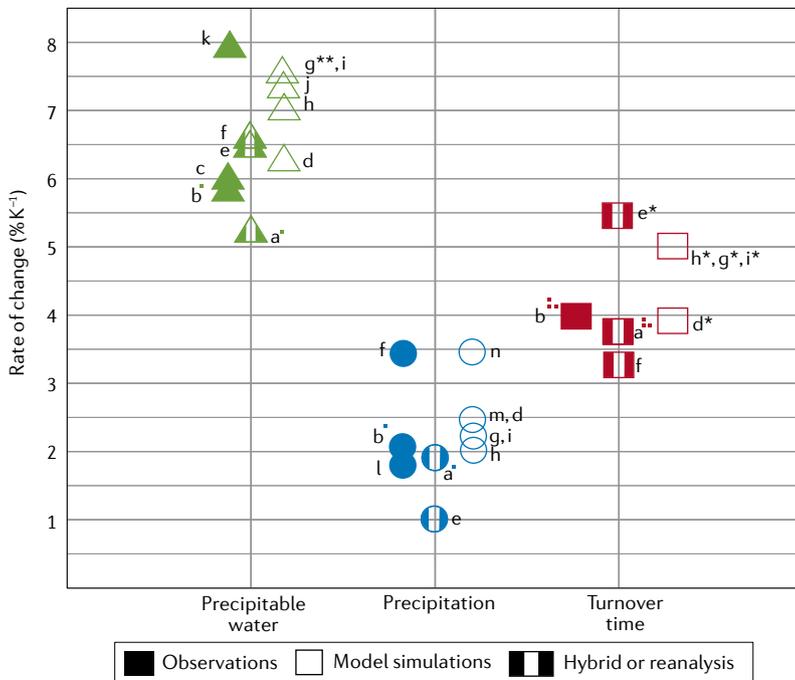


Fig. 5 | Sensitivity of water vapour residence time and its components to global temperature. Rate of change per degree warming for precipitable water (green), precipitation (blue) and turnover time (red). Where needed, turnover time was converted to units % K⁻¹. *Derived from changes in global precipitable water and precipitation. **Results from AR4 models. ■ Derived from % per decade, with a warming reference of 0.17 K per decade. ■■ Derived from recycling rate. a = REF.¹³; b = REF.¹²; c = REF.⁸³; d = REF.⁷⁴; e = REF.⁷⁸; f = REF.⁷⁵; g = REF.⁷⁷; h = REF.⁷³; i = REF.⁷²; j = REF.⁸²; k = REF.⁸⁴; l = REF.¹⁰⁷; m = REF.⁸⁸; n = REF.⁸⁷. Note, results from REF.¹¹¹ are not included, owing to problems with the underlying precipitation data. Most estimates, whether observational, modelled or hybrid, converge on rates of change close to 7% K⁻¹ for global precipitable water, 2.5% K⁻¹ for global precipitations and about 4.5% K⁻¹ for turnover time.

Table 1 | Published rates of change for turnover time, precipitation and precipitable water

Source	TUT (% K ⁻¹)	Global P (% K ⁻¹)	Global W (% K ⁻¹)	Ref.
GPCP, MSAP	–	1.5–2	–	107
GPCP, SSM/I	3.85 ± 3.00 ^{ab}	1.94 ± 3.18 ^a	5.70 ± 2.18 ^a	12
SSM/I	–	–	7.8	84
MSU, AVHRR, SSM/I	–	–	6.03 ^c	83
GPCP, SSM/I, CMIP5	3.70 ± 2.35 ^{ab}	1.82 ± 2.82 ^a	5.29 ± 1.94 ^a	13
GPCP, SSM/I, ERA-Int, HadCRUT	3.20 ± 0.53 ^d	3.40 ± 0.90	6.60 ± 0.40	75
20CRv2m HadISST, SSM/I, AR4	5.4	1	6.4	78
Ensemble of 19 AOGCMs	–	3.4	–	87
HadGEM1+	–	2–3	–	88
PCMDI/AR4	5.3 ^d	2.2	7.5	72
PDRMIP, CMIP5	5.73 ± 0.81 ^e	–	–	16
KCM (ECHAM5+NEMO)	~5 ^d	~2	~7	73
CMIP3	–	–	7.3	82
Multiple GCMs	3.7 ^d	2.5	6.2	74
AR4 models	5.1 ^d	2.3	7.4	77

Standard errors were provided by authors or obtained by uncertainty propagation. P, precipitation; TUT, turnover time; W, precipitable water. ^aDerived from per decade. ^bDerived from recycling rate. ^cAveraged from 6.8% K⁻¹ (20°–60° N), 6.7% K⁻¹ (20° S–20° N) and 4.6% K⁻¹ (20°–60° S). ^dDerived from W and P. ^eDerived from days K⁻¹, value calculated for the future period with a reference TUT of 8.2 ± 0.5 days.

Changes in WVRT. Having quantified the sensitivity of W and P to temperature increases, changes in TUT can be inferred.

All evidence points towards a lengthening of TUT with anthropogenic warming. GCMs, for example, typically reveal an increase in TUT of 3–6% K⁻¹ (REFS^{13,72–75,77,78}) (FIG. 5; TABLE 1). In absolute terms, these reflect a 1.7-day increase over 1986–2005 (8.2 ± 0.5 days) to 2081–2100 (9.9 ± 0.7) based on RCP8.5 projections¹⁶. Water vapour tracers embedded within GCMs also indicate increases in WVRT as sea surface temperatures and greenhouse gases increase with mean values of 0.13 days per 50 years over 1949–1998 and 0.3 days per 50 years over 1974–1998 (REF.¹⁴). These general findings are further confirmed by observational analyses of M (the fractional mass exchange per unit time; Eq. (4)), which indicate a decrease in M of –0.73% per decade on average from 1988 to 2009, implying a corresponding global increase in TUT^{12,13}.

As expected, changes in TUT are heterogeneous in space. For example, observations and models suggest an increase in M (or decrease in TUT) over the ITCZ and storm tracks, but a decrease in M (or increase in TUT) over the subtropics^{12,13}. These geographical variations reflect those observed for precipitation. The global increase in TUT implies that the global signal is dominated by regions where residence time is increasing. Thus, global trends in TUT are dominated by trends in water vapour, while regional trends are dominated by trends in precipitation^{12,13}.

There is, therefore, an overwhelming consensus that, as the climate warms, WVRT increases: water vapour remains in the atmosphere for longer and a smaller fraction of this vapour is exchanged with the surface per unit of time (FIG. 5; TABLE 1). A longer WVRT implies that water vapour travels further between the evaporation

source and precipitation sink, and, thus, that the length scale of moisture transport increases⁹⁶, with estimates converging on a TUT change close to 4% K⁻¹. Perhaps counter-intuitively, this lengthening occurs simultaneously with an increase in mean precipitation and evapotranspiration^{14,97}, an overall increased intensity of extreme precipitation⁸⁷ and increased intensity of droughts and floods^{72,91}. Extreme precipitation events are often fed by the convergence of moisture from both local and remote sources^{11,98,99}, implying that extreme precipitation will often be a mixture of ‘newer’ (local) water and ‘older’ (more remote) water, resulting in a bimodal age distribution. Clearly, a simple measure such as TUT cannot capture such distributions or their changes in a warming climate.

Summary and future perspectives

The time water spends in the atmosphere, or WVRT, is a fundamental diagnostic of the climate system. WVRT varies widely, ranging from less than 2 days over the subtropical oceans to more than 10 days at high latitudes, reflecting regional differences in precipitation-generating mechanisms. At the global scale, estimates of residence time range from 8–10 days^{3,9} to a much shorter 4–5 days⁸. These apparently contradictory estimates can be reconciled by recognizing that the atmosphere hosts a continuum of lifetimes represented by the LTD⁷. The TUT of 8–10 days thus becomes a single number that characterizes only the mean of the LTD, whereas the shorter 4–5-day estimate represents the median. As the climate warms, TUT will likely increase by 3–6% K⁻¹, lengthening the atmospheric branch of the water cycle.

Simple metrics such as TUT provide limited insight into WVRT processes. However, quantification of the changes in LTD would, for example, provide insight

in terms of increased skewness of the distribution that could reflect both more intense precipitation and more long-lived water vapour. Reconsidering previous WVRT analyses from the perspective of LTD's might, therefore, be valuable and can motivate research into identifying the LTD from models and observations.

It is clear, however, that atmospheric scientists can learn valuable lessons from other disciplines. In hydrology, for example, stable isotopes and geochemical tracers have brought about a shift from bulk quantification of the water balance to a more nuanced understanding of the physical processes and pathways of water¹⁰⁰. The traditional understanding of the subsurface and surface hydrologic system was effectively reconceptualized by these observations^{101,102}. Hydrologists have moved beyond mean transit times (metrics such as TUT) and have been thinking in terms of transit time distributions (LTD) for decades^{103,104}. Similarly, combining isotopic tracer observations and numerical models is likely to advance understanding of WVRT in the atmosphere.

Bringing together in situ isotopic measurements, remote sensing observations and isotope-enabled models can help us bridge spatial and temporal scales as seen, for example, with the potentially improved parameterization of vertical mass exchange in climate models⁵⁶. However, the use of isotope tracers in the atmosphere is not straightforward, as moisture sources and sinks evolve with the location of frontal and/or convective weather systems, and the isotopic signal continuously evolves from mixing and phase changes. Nevertheless, stable water isotopes in the atmosphere are currently the only quantitative tool for observing some aspects of the LTD. The community would benefit from isotopic observations and modelling aimed at constraining the LTD of water vapour in the atmosphere. Targeted observational campaigns need to

be adapted to study how the LTD varies from the ITCZs to subtropics, mid-latitudes and polar regions. Ideally, such campaigns should cover an entire local or regional water cycle, from evaporation to mixing, cloud processes and precipitation. Doing so requires a focus on specific regional weather systems and a combination of measurement platforms, including research aircraft, ships, stations with flux towers, collection of precipitation and sampling of soil moisture and plants^{105,106}.

An outstanding challenge remains with regard to how isotope-derived information can be used on WVRT to infer the spatial origins of moisture and precipitation, as well as to differentiate between moisture and precipitation that originate from ocean evaporation, soil evaporation and transpiration. As such, observational campaigns could ideally span transects between regions where water vapour primarily originates from oceanic versus terrestrial sources. These campaigns should encompass simultaneous observations of both atmospheric and surface processes, because their interactions are poorly understood.

Advancing understanding of WVRT and its changes in response to warming will require both comprehensive measurement campaigns and tracer-enabled atmospheric models. Priorities for future work include more comprehensively documenting regional and local-scale processes, improved understanding of surface-atmosphere interactions and further development of the LTD as an organizing concept for WVRT. The complexity of these problems and their connectivity across scales will require multidisciplinary approaches drawing on broad expertise in both atmospheric science and land-ocean-atmosphere interactions.

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